



Resources for Veterans and Military Families 14 January 2021

Important Dates and Events

January 16 – Flag Retirement Ceremony, 11:30am flag etiquette, 12pm ceremony. [VFW 7472](#) at 4225 VFW Lane in Ellicott City. Organized by [American Legion Post 156](#)

January 19 – [Scrap Creative Reuse](#) for Veterans, 5-7pm

January 22 – [Call For Artists: National Cherry Blossom Festival Submissions](#)

January 25 - [Virtual Legislative Briefing on Veteran Suicide Prevention and US S785: Implementation at the Local Level](#), 9:00 a.m. - 10:30 a.m.

January 26 – [Songwriting Workshop for Veterans and Songwriters](#), 5-7pm. The CreatiVets songwriting program pairs veterans with accomplished songwriters and music artists to allow them the opportunity to creatively express their story through song.

January 26 – [Jobzone Virtual Job Fair](#), 1-5pm. Focus: Patuxent River and surrounding areas of MD, DC and beyond.
1 PM to 3 PM Reserved for Military/Family and/or candidates who have an active security clearance
3 PM to 5 PM Open to all job seekers.
* Companies have the opportunity to recruit locally, regionally or globally.

*** Note: Some positions require active security clearances.***

January 27 – Joint American Legion Blood Drive. The Dewey Lowman American Legion Post 109, in partnership with Southwest American Legion Post 332 and Adams, Hanna, Moore Memorial Post 156. 1-6:30pm at Dewey Lowman Legion Hall located at 1610 Old Sulphur Springs Road, Halethorpe, Maryland 21227. [Sign up here](#) and enter deweylowmanamericanlegion 2. Call the American Red Cross at 1-800 -RED CROSS (1-800 -733-2767) 3. Contact Greg Reisz at greg.reisz1950@gmail.com or (410) 746-2719

Jan and Feb Root Studio Workshops

February 1 - NAMI Connections Virtual Veteran Support Group, 5:30-7pm. Questions or more information, please call 410 772 9300, or email Yulanda Blackston: yblackston.namihc@gmail.com for link.

Joining a Veteran Peer Support Group can help you to feel better in any number of ways, such as:

- Knowing that others are going through something similar
- Learning tips on how to handle day-to-day challenges
- Meeting new friends or connecting to others who understand you
- Learning how to talk about things that bother you or how to ask for help

February 2 – [Howard County Library Veteran Book Club](#). Veterans, both active and retired military, are invited to this online discussion series. During five monthly facilitated sessions, discussions center on military experiences and a unique set of readings, which may include classics, fiction, memoirs, poetry, short stories, articles, and essays. The readings relate in some way to military experiences or offer a veteran's perspective. 1st Tuesdays February 2 - June 1 from 7 - 8:30 pm

Special Guest: Author Sergeant Carmelo Rodriguez will join the Veterans Book Group as they discuss his book on March 2.

Participants are encouraged to attend all sessions. Registration is open to Veterans/ active duty only, please. All reading materials are provided. Space is limited.

Veterans Book Group is coordinated statewide by Maryland Humanities

To register and for more information: <https://live-howardcounty.pantheonsite.io/events/veterans-book-group-2021-online>

February 4 – Howard County Commission for Veterans and Military Families monthly meeting, 7pm. Open to the public. Email veterans@howardcountymd.gov for Webex link.

February 6 – [NAMI Advocacy Day training](#), 9am-12pm. Turn your passion and your lived experience into a positive voice for mental health with the NAMI

Smarts for Advocacy training. NAMI Smarts for Advocacy will enhance your advocacy skills and help you shape a powerful and personal story that will move policy makers.

The NAMI Smarts Difference NAMI Smarts for Advocacy gives you step-by-step tools and the hands-on practice you need to feel clear, confident and ready to make a difference.

February 17 - Howard County Behavioral Health Summit Series in Partnership with Aetna Session 4 Behavioral Trends in Youth

March 10 – Project Opportunity Veteran Entrepreneurship Program. Info session Jan 17.

**March 17, 2021 - Howard County Behavioral Health Summit Series in Partnership with Aetna Session 5 Growing Your Wellness Toolbox **

Now - Warrior Canine Connection is in search of Veterans, spouses and family members who are looking for an opportunity to give back. Come help WCC train service dogs that will later be placed with a Veteran who has a disability. Guided by the presence of professional service dog instructors, participants are given the responsibility of exposing our purpose-bred dogs to environments where sights, sounds, and varieties of people will challenge the service dog in training to stay on task.

This volunteer program is unique in that you are directly engaged in the service dog training process. Participants are given the opportunity to practice their own compassion, patience, frustration tolerance, accountability, consistency, social interactions, and team work. Enrollment in the program is voluntary, and commitment will depend on the participant's interest and availability. A Participant's time spent training a dog may only involve a portion of the dog's entire training process, however, it will add to the dog's overall repertoire of skills that are essential for the dog to be placed with a Veteran who has a disability. Please understand that the program does NOT provide participants with their own service dog, but instead allows participants to train a dog for another Veteran in need.

Please reach out to WCC's Veteran Training Program Manager for sign-up and any further questions. Emily McNeal emcneal@warriorcanineconnection.org 270-704-6412,

Now - National Guard Support

As we all know thousands of National Guard troops have been mobilized in support of ongoing security operations in the Nation's Capital. I am in no way an official spokesperson for the National Guard, any ongoing operations, or etc. However, a large number of Maryland National Guard troops are on ground and more to follow in upcoming days. The USO and many other organizations

have stepped up and are on site providing support like hot coffee, water, drinks, energy drinks, snacks and food of all kinds, you name it.

Here at Family Programs, we have a project in mind. We are just reaching out to our partners, networks, and friends so that we may stock "hospitality rooms" at the hotels where we have Soldiers staying. These will be spaces where Soldiers - between shifts - can come grab items they may need, and possibly talk to us if they are facing any difficulties. We are looking for items such as:

- Individual hand sanitizer
- Energy drinks
- Hygiene items
- Gum/Mints
- small pocket sized snacks
- cold weather items (hand and foot warmers)
- things that you would want if you were stuck between standing on the streets providing security all day/night and living in a hotel!

This is a small project that Family Programs is doing to add support where we can. If you can support, I'm happy to arrange pick up of items. Please reach out to me by phone or email to discuss and coordinate.

Joyce Fye joyce.m.fye.civ@mail.mil, Soldier and Family Readiness Specialist

C: 443-540-1452

O: 301-733-4731

Maryland National Guard Soldier and Family Support Services BG Randolph Millholland Armory
18500 Roxbury Rd
Hagerstown, MD 21740

Every Tuesday – Men’s Roundtable, 10am-12pm. Join other men for civil discussions on politics, government, finance, health and other topics of interest to seniors. Occasional guest speakers. To register or for more information, khull@howardcountymd.gov or 410-313-7466.
howardcounty.gov/aging

Every Thursday – [Fort Meade Facebook Town Hall](#), 5:30pm. Education Town Hall

Last Thursday of the month – Veteran Career Club, 11am-12pm.
Email anthony.butlersr@maryland.gov for more information

Every Thursday - [Meditate with Delphi](#) every Thursday, 8:30am. Free.
Password: meditate

Every Day – [Veterans Yoga Project Livestreaming classes](#)

1st & 3rd Thursday of the Month - Cohen Clinic Virtual Offerings, 11:30am - 12:30pm EST Registration Required: <http://bit.ly/CohenOfficeHours>

Participants will receive an email with Zoom instructions after registering through Eventbrite. We encourage you to connect with us during Cohen Clinic Office Hours to learn more about our clinic services including outreach and case management. This is an opportunity for the entire community, potential and existing clients, and community partners to meet with us, and discuss: Information about our specific programs and services and sharing your ideas with us and letting us know how we can help you or your organization.

The [Saratoga War Horse](#) equine assist program takes place during 3-day classes, offered several times each month. The average class size is 5 participants. The program is available to veterans and active duty service members from all branches of the military, regardless of when or for how long they served. The focus of this program is on helping participants get past the physiological symptoms of their Post-Traumatic Stress, or other trauma related issues. Saratoga WarHorse doesn't provide traditional "therapy," but does offer an undoubtedly therapeutic experience. There is NO cost for veterans or active duty service members to attend the Saratoga WarHorse program. We pay 100% of lodging, meal, and program expenses.

We have several classes scheduled this calendar year at the Baltimore County Agricultural Center, 1114 Shawan Rd. Cockeysville, MD 21030.

March – 5,6,7 / 16,17,18 / 26,27,28

April – 6,7,8 / 23,24,25

May – 4,5,6 / 14,15,16 / 21,22,23

June – 8,9,10 / 18,19,20 / 25,26,27

July – 6,7,8 / 16,17,18 / 23,24,25

August – 3,4,5 / 13,14,15 / 27,28,29

September – 7,8,9 / 17,18,19 / 24,25,26

October – 5,6,7 / 15,16,17 / 22,23,24

November – 2,3,4 / 12,13,14 / 19,20,21

December – (Nov 30),1,2 / 10,11,12

Those interested in finding out more about the program or attending a class may contact our Outreach Manger, Jason

Marshall jason@saratogawarhorse.org 518-531-3219 to register.

Resources

EveryMind Hotline specialists are available by phone, text, and chat and operate your local National Suicide Prevention Lifeline. The community can also look to EveryMind's dedicated staff of mental health professionals for counseling services.

Serving Together Veteran Peer Navigator: 1.855.738.7176

24/7 Hotline Call or Text: 301.738.2255.

Chat: www.every-mind.org/chat/

<https://suicidepreventionlifeline.org/chat/>

[Howard County COVID-19 Updates](#)

[Military/Veteran Crisis line: 800-273-8255](#)

[V-START - Institute for Veterans and Military Families \(syracuse.edu\)](#) -
Veterans Strategic Analysis & Research Tool

[Headspace Meditation and Mindfulness app](#) – free to Blue Star Families

[Gilchrist Hospice Services](#)

[Homeownership Services](#)

Short Takes on Suicide Prevention Podcast - Since the Rocky Mountain MIRECC Short Takes on Suicide Prevention Podcast series began in 2016, our podcasts have had over 94,000 listens!

Most Listened to Podcasts in 2020

[Dr. Kate Comtois on Caring Contacts](#) 9/2/2016

[A Sister and Survivor Looks Back 40 Years](#) 7/28/2020

[Tibetan Singing Bowls with John Ferguson](#) 3/23/2020

[Postvention 101 with Dr. Jack Jordan](#) 3/30/2019

[Cards for Connection with Katie Juhasz](#) 4/6/2020

[Veteran](#) Women Chamber of Commerce

Promoting Mental and Physical Wellness – Mike Subin - Homefront Cable TV <https://www.montgomerycountymd.gov/CCM/homefront.html>

Bob Koffman - President's Roadmap to Empower Veterans and End a National Tragedy of Suicide (PREVENTS) (<https://www.reach.gov/>)

Department Accepts Moderate Income Housing Unit Applications - Howard County's Department of Housing and Community Development (DHCD) is now accepting applications for its Moderate Income Housing Unit (MIHU) program January open enrollment period, its first enrollment period of 2021. Applications are available [online](#) and completed applications can be submitted either [online](#), mailed to 9820 Patuxent Woods Drive, Suite 224, Columbia, MD, 21046, or dropped off at DHCD's Patuxent Woods Drive office by appointment only. Applications are being accepted now through 5:00 p.m. Friday, January 29, 2021.

Newsletters, Articles and other Information

MDVA Annual Report

[Those Who Served: America's Veterans From World War II to the War on Terror \(census.gov\)](#) - It was published June 2020 based on the 2018 American Community Survey

Business Monthly

Local Health Improvement Coalition Resources and Classes

Howard County 50+ Connection

VFW Newsletter

Caregiver Support during COVID-19

[Parent Pages](#) – Jan newsletter, lots of great resources and free workshops

[50+ Connection](#) – news and resources for our 50+ residents

VA Newsletter - Jan 6

VA Newsletter – Jan 13

BWI Partnerships Virtual Events

[American Legion Post 300](#) – email to subscribe to newsletter
[Military Veteran Caregiver Network](#)

Veteran's Guide to Starting a Business

- <https://www.moneygeek.com/financial-planning/resources/guide-starting-veteran-owned-business/>

Caregiver Information

VA Maryland Healthcare System
Baltimore VA Medical Center
10 N. Greene St.
Baltimore, MD 21201
410-605-7000 ext. 54143

Courses for Veterans and Military Caregivers and Families

[Program of Comprehensive Assistance for Family Caregivers \(PCAFC\) has expanded](#)

[The Therapeutic and Riding Center](#) is now participating in the PATH International Wounded Warrior Scholarship Program. Veterans are able to participate in 1 hour equine-assisted activities and therapy at no charge. Additionally, they can participate in group sessions with other veterans or their families.

Employment Information

[McAllister and Company Insurance](#)

Marriottsville (Waverly Woods)
Customer Service Rep
Commercial Lines Producer
Full and part time

A fast growing, dynamic insurance agency in the Waverly community in Ellicott City is looking for a full or part-time individual to work in our office as a customer service representative and/or commercial lines producer. Experience in a similar environment is preferred, and being a licensed agent in Maryland is a plus. We will work with new hire to obtain required licenses.

Flexible hours and a friendly, low-pressure work environment are available!
Email resume to james@macins.com

Sr. Director of Development - The Ulman Foundation is seeking a Sr. Director of Development. The ideal candidate should have significant experience with major gifts, warmly embrace Ulman's mission, and is more interested in collaboration than credit. Strong connections in the cancer community are a big plus! [Click here](#) for the job description.

Maximus Call Center Operations Manager: \$60,000.00 - \$70,000.00/year

Maximus Call Center Trainer: \$55,000.00 - \$62,000.00/year

For more info, call 410.336.7939 or StephanieVchu@maximus.com

[All Maximus Jobs](#)

[Professional Plastics](#)

[High Volume Senior Sales Associate](#), **FGG Spa, LLC** - Columbia, MD

[Apartment Service Technician II](#), Legend Management Group - Columbia, MD

[Administrative Assistant](#), **Local Sales Company** - Columbia, MD

[Technical Writer](#), **Mettler-Toledo Autochem, Inc.** - Columbia, MD

Electro Mechanical Assembler - Position is in Elkridge, MD. The Electro Mechanical Assembler is involved in assembly and production work alongside

technicians and Engineers. This work entails electro mechanical assembly of small to large robots, testing of incoming components as well as functionality testing for finished assemblies or sub systems, and hands on work with engineering to help develop prototype concepts and designs. Call for more info donna.carnevale@flir.com or call 978-500-1136

Veterans and Military Families Newsletter – Recruiting Post from Ripple Effect

Ripple Effect is hiring! [Ripple Effect](#) is a professional consulting firm specializing in federal contracts in the areas of Communications & Outreach, Research & Evaluation, and Project Management & Policy. Many of our client-site locations partner with military communities, such as Travis Air Force Base in Fairfield California, Ft. Detrick in Frederick, MD, Naval Medical Research Center in Silver Spring, MD, and more. Our flexible work environment caters directly to the needs of veterans, military spouses, and the general military family community. We currently have a few open positions, including a Data Manager, Policy Analyst, and a few Communications and Writing Specialist roles. Please check out our Careers website at <https://apply.workable.com/the-ripple-way/> and apply to the role that best fits you. We would love for you to join as a valued member of our team!

[Howard Community College Introduces Electrical Apprenticeship](#)

If you or someone you know is seeking employment, the first step is to register for assistance with the Maryland Workforce Exchange (MWE) mwejobs.maryland.gov.

The Maryland Workforce Exchange has staff specifically dedicated to serve veterans with priority of service. Currently, MWE is conducting business virtually and can assist veterans with their resumes as well as connecting them with employers via virtual job fairs.

Besides helping veterans craft a resume, there are programs to increase a veteran's opportunity to get an interview including the Work Opportunity Tax Credit (WOTC) that offers employers an incentive to hire veterans. Additionally, veterans may be eligible for on-the-job-training through the Workforce Innovation and Opportunity Act. Further, service-connected disabled veterans may also be eligible for paid training through the US Department of Veterans Affairs, Veteran Readiness and Employment under Chapter 31. The MWE has trained staff near you that can assist you in finding the right career.

Also, there are nonprofit organizations who will also assist you in finding a career including the [Veterans Staffing Network \(VSN\)](#) which is part of Easter Seals. VSN also has career coaches that will assist you with your resume as well as introduce you to employers who are looking to hire on a temporary basis with a possibility of permanent employment.

SANS Institute Cyber Workforce Academy. Our students have the opportunity to complete two SANS training courses and their corresponding GIAC certifications in preparation to enter the cybersecurity workforce in the state of Maryland. The cost of the training and certifications is 100% tuition free to the students and provided in part by the EARN Maryland grant and the SANS Institute.

Please visit this link for an overview of the Academy:

<https://www.prnewswire.com/news-releases/the-sans-institute-receives-earn-maryland-grant-renewal-continues-to-grow-states-cybersecurity-talent-pipeline-300886554.html>

Please visit this link to hear what one of our graduates has to say:

<https://wamu.org/story/19/07/02/to-combat-a-talent-shortage-cybersecurity-companies-look-for-diverse-candidates/>

Remote Jobs for Military-connected and Veterans

Serving Together Peer Navigators want to connect you with those vetted employers who understand your and your clients' challenges and who value the unique skill set, experience, and resiliency our population brings to the work environment. If you are a Veteran, Guard, Reserve, Transitioning Active Duty, Spouse, or Caregiver, contact our Peer Navigators at 301-738-7176, M-F 9am-4:30pm or you can fill out a Get Assistance Form

at www.servingtogetherproject.org<https://www.bing.com/search?q=amazon.com%2Fnortheastmdjobs&src=IE-SearchBox&FORM=IESR4A>

Veteran Employment Resource Center |

- Resume-writing tutorials & guidelines specific for military members and veterans
- How-to / Instructional videos
- Interviewing techniques and best practices guidance

Military Spouse Resource Center | <https://rmvets.com/2020spouseresources>

- Resume-writing tutorials & guidelines specific for military spouses
- How-to / Instructional videos
- Interviewing techniques & guidance

Search & Employ Magazine | <https://rmvets.com/2020searchandemploy>

- Digital bi-monthly military and military spouse employment focused publication

Community College of Baltimore County (CCBC) free Offerings:

100% Funding Available through Governor's Emergency Education Relief (GEER)

For Select Programs:

Administrative Professional

Certified Apartment Maintenance Technician

Child Care Professional

Forklift Operator

Home Inspector Pre-License

HVAC/Refrigeration Technician

Pharmacy Technician

Real Estate Salesperson

Eligibility:

United States Citizen

Employment Affected by COVID-19

Maryland Residency

Limited spaces available! For eligibility and registration information, call 443-840-4700 or chat at ccbcmd.edu/coned

Other Job Opportunities:

Gregory Ingram, Disabled Veterans Outreach Program (DVOP) Specialist

Division of Workforce Development and Adult Learning

Maryland Department of Labor

2 South Bond Street, Suite 204

Bel Air, MD 21014

gregory.ingram@maryland.gov

(410) 836-4630 (O)

(443) 699-3659 (M)

[Website](#) | [Facebook](#) | [Twitter](#)

Roslyn Jones, Regional Veteran Employment Manager

Division of Workforce Development and Adult Learning

Maryland Department of Labor

3637 Offutt Road

Randallstown, MD 21133

roslyn.jones@maryland.gov

410-887-0377 (O)

443-462-7867 (C)

[Website](#) | [Facebook](#) | [Twitter](#)

Max Outreach - OutreachCoordinator@maximus.com or by phone at 1-800-274-8582 ext 185

Howard County Workforce Development, Orion Jones

at ojones@dlr.state.md.us

