What is Contact Tracing?

Contact tracing helps control the spread of infections, like COVID-19, between people by finding each sick person and the persons that they recently interacted with who might be exposed to the infection. Each contacted person is provided specific education and guidance to monitor their health, which may include quarantine instructions for a time period. That stops the virus from spreading in households and in the community.

Health Department Investigator

Patient

Contacts

How Does Contract Tracing Work?

• A Health Department Investigator will call a patient to help them remember everyone they had close contact with during the time they may have been infectious. All information is kept CONFIDENTIAL!

• The investigator will call each of the contacts. (To protect patient privacy, contacts are not told the identity of the patient who may have exposed them.) All information is kept CONFIDENTIAL!

• Contacts are provided with education about the infection and key information and support to understand their risk, monitor their symptoms and health, and to prevent the spread of the infection in their households, workplaces and community, by staying home and maintaining social distance or wearing appropriate personal protection

For more information about contact tracing, or if you have been contacted by a Health Department Investigator, call our COVID-19 Line at 410-313-6284.