

## HOWARD COUNTY

### Opioid Crisis Community Council

August 7, 2019 5:15 – 6:45 pm Columbia/Ellicott Room, George Howard Building  
3420 Court House Drive Ellicott City, MD 21043

Call in: **605.468.8005 code: 195587#**

**August 7, 2019**

#### Meeting Minutes

**In Attendance:** Laura Torres, Joan Webb Scornaienchi, Flora Betro, Liesele Wood, Roe Rodgers-Bonaccorsy, Cindy Johnson, Eric Kruhm, Robin Bartko, Teron Powell, John Way, Joanie Elder, Mimi Mathews, Sean Ford, Barbara Allen. **On Phone:** Debbie Nix

Meeting was convened by Barbara Allen at 5:20 p.m.

Beth Harbinson will take notes

No corrections to the minutes and Mimi Mathews moved and Teron Powell seconded the motion. Approved and will be posted.

#### Announcements

Handouts for Recovery Walk and IOAD, Delphi and HC-DF and Drug Take Back information.

Roe announced they were just awarded funding for mental health stabilization services for youth and families 24/7 Youth Family Crisis Stabilization. Phone, in home and office services on call. They received less than anticipated but will roll out revised, scaled down program in a few months. They will contract with a vendor to provide the service.

Behavioral Health Administration crisis RFP sent out. Two of the three submissions were declined. HCHD had not heard yet about the third submission. For Crisis Hotline, Stabilization and Hotline.

Barbara announced that a lot of surveys and studies were going on looking for data points and terminology. Please reply and provide resources to these folks when possible.

Barbara will also be sending out more information about IOAD.

#### National Night Out

Laura Torres had a yoga class with a health and wellness and mindfulness focus. Discussions were about getting to know your neighbors and be kind and conscientious. Promotion of overall wellness. Held at the Wilde Lake Village Center.

Katie attended another location representing Grassroots.

Harpers Choice event – Debbie Nix is the “mayor” of that community. The OCCC table and the Health Department tables were very busy and 11 people were trained in Narcan administration. Used the ROSC banner at the event and had materials regarding events, medicine disposal and mental health. The display talked about who is involved in the OCCC as well. Linda from HCDF also went around to ask for feedback re the new tri-fold brochure; Barbara will pass her notes along.

Beth attended the Long Reach Village Center event and hung out with Nicole with the Health Department at their table before she realized she was at the wrong location.

### **MBIA Event**

Flora discussed the upcoming event. Because this is a first-time event for MBIA, it encouraged and moved them to create a workforce development series. Their website will also have a page about substance abuse. The event has some sponsors, Kahler Hall has been provided for free. (List panelists here) Speakers include Barbara Allen who will moderate, Theresa Collins, Dr. Steven Fisher, Chesapeake Employers' Insurance Company, Richard Landis, MSW and is looking for one last speaker to discuss recovery options. Liesle will also attend to handle Narcan training.

September 19<sup>th</sup> from 8 am to 11:30 am

### **Request from County Executive's Office**

Carl DeLorenzo asked us to help prepare our citizens for the residential treatment facility coming to the county in 2020. The goal is to prevent as much NIMBY as possible; to provide additional education across the County in whatever forms the OCCC desires. He suggested perhaps the OCCC could use this activity as a platform for elevating public knowledge of the efforts of the OCCC.

Barbara is asking people to help further the ideas they presented:

- Karen- Including Senior residents
- Beth - Community Forums
- Katie – “Horizon Foundation” type film screening
- Flora – Community Outreach Breakfast or Lunch
- John – using mental health first aid and Narcan training as a conduit
- Cindy - suggested that we reach out to Barb Soccia to ask if they would mediate a conversation about this.
- Debbie - PSA – the Mom's group suggested that we use neighborhood names to create this showing the reality of SUD impact across Howard County.

Barbara suggested we break into groups and discuss the concepts, create a plan and resources needed to execute. Draft and bring back so that by September, we have a plan to vote on and then present to the County Executive's office and JIS for funding and implementation. Instead a full group discussion was held.

Joanie asked if we needed more information to plan. Barbara said that part of our job is to create goals that these forums can and should include. Since we have no specific directive, it is the OCCC's opportunity to create a plan to support this need. Flora said would there be businesses involved? Laura suggested that Delphi attend the September meeting to provide more information. Could they be part of saying “this is what a day looks like at the facility.” She also said we could educate around the disease model. Another question the public may have is about things security, traffic.

Eric suggested we start with basics because we do not have a specific location – could need to be targeted for businesses or residents. Flora asked if we needed to present each forum the same.

Barbara suggested that we also look at other facilities and how they reached out to the community. Even considering language we use – referrals vs. patients or walk-ins.

## **FORUM**

Delphi as partner. Experts – planning, zoning, county. Eric said look at how Redistricting Forum meetings are handled – talk to the BOE. Build consensus – find businesses and faith-based organizations who are sympathetic to this issue.

Experts – County officials and zoning, Politics, Expert scientist re disease model and recovery, Health Department, Dr. DiClemente

## **Materials**

White Paper – about addiction

Resource List - RAPP

## **Messages**

Other counties already have these

Disease Model – Stages of Change

Bring in someone from Recovery – talking about how treatment has been lifesaving – Dave Sidhu (?)

Leave space at the end – stay to ask questions

## **Format**

Short presentations followed by period for questions and answers from the panel

Microphones for the audience – passed to the person who wants to speak

NIMBY concerns may be reinforced if we present too much information about objections they don't even know they have.

Mediators – to help control and manage the conversation

Mimi suggested that we make sure we are aware that the perception out there is that treatment centers are dangerous places.

Robyn mentioned that the film (?Heroin Still Kills ?) was a good idea because it made people focus and realize the problem is everywhere.

Joannie also mentioned that we need to tell people how many people in Howard County are in need and also make sure we explain how important treatment in-county is in terms of developing networks and support once a patient is out of in-patient treatment.

Mental Health First Aid and Narcan training as add-ons and offerings at separate times.

## **ACTION ITEMS**

How to find neighborhood names – Robin to contact a realtor to get a list

Barbara – will talk to Hilda’s Place about what they did for their NIMBY

Barbara will ask Delphi about their protocol for opening centers. Roe said they had town halls related to the school down the street when they opened the Maryland House Detox in Anne Arundel County.

Films – Beth to research list of films

Ask Delphi to come to a future meeting to discuss – Barbara.

James LaMon – Cindy will call to ask him about format for their redistricting meetings.

Barbara asked us to think about the resources we need for this project.

John received scholarships to train 25 instructors the last week of September – 12 – 17<sup>th</sup> who will then be qualified to train people who work with youth 12 – 17.

Laura said the national MHFA program is working to develop training that can be taught to youth. Lady Gaga is spearheading this campaign.

When Barbara sends an updated roster, she will request name tags to help identify us at public events.

OCCC is in existence until March 31, 2020.

Adjourned 6:50 pm

Submitted: Beth Harbinson