

## **Opioid Crisis Community Council (OCCC) Meeting October 3, 2018**

Meeting was called to order by Chairperson Allen at 5:17pm.

Individuals present: Barbara Allen, Maria Bernadzikowski, Flora Betro, Drema BonavitaCola, Theresa Collins, Joanie Elder, Sean Ford, Beth Harbison, Roger Hoff, Sean Hughes, Caryn Lasser, James LeMon, Pam Long, Jack Matthews, Mimi Mathews, Deidre McCabe, Christopher McCabe, Kim Oldham, Ana Park, Teron Powell, Roe Rodgers-Bonaccorsy, Dwayne Sumpter, Laura Torres, Joan Webb Scornaienchi, Bradley King,

Recorder: Samantha Durbin

- Welcome
- Introductions
- Approval of Minutes September 5, 2018
  - Flora Beto motioned; Jack Matthews second

### **• Updates/Announcements**

- Harm Reduction Event by the Health Department went well
- Fed Up Rally in DC this weekend
- October 27<sup>th</sup> Recovery Walk for the county at the Assembly of God Church in Ellicott City
- October 30<sup>th</sup> JIS meeting 2:30-4pm in Columbia/Ellicott City room: communication group, county agencies and partners, communications committee should attend if available.
- Health Department created and hired new behavioral navigator, Kayla- flex hours
- October 27<sup>th</sup> Take Back Day HC Drug Free
- HC Drug Free and State Attorney's office guiding good choice program, 5-week program for parents of 9-14-year-old children
- Next Tuesday at Hospital understanding the Opioid Epidemic in your Community in Wellness Center Medical Pavilion 7-8:30pm
- October 24<sup>th</sup> Slayton House, Panel presentation, Wilde Lake Website link to register
- Handle with Care program by Police is being implemented in schools
- School system has 5 social workers now, assigned 5-7 schools per social worker
- Endorsement: Mental Health First Aid, recommends take for anyone and everybody, day long program, covering mental health and substance abuse

### **• Council Educational Moment – None**

### **Committee Progress Reports & Discussion**

**Overall:** The OCCC does have some funds; don't let money be a barrier. We need to collectively identify any desired funds before moving forward implementing. The OCCC hasn't identified exactly what we want to do; we are moving towards actionable goals but still narrowing and defining the goals.

### ***Business and Community Outreach***

Planning to meet with Fran Trout from Howard County Workforce meeting on October 10<sup>th</sup>. Will review programs that are already in place for hiring people in recovery

Challenge: getting people to return phone calls

Tomorrow going to chamber meeting

If anyone has contacts, companies, talk to them to get more information, willing to have non-Howard county- fact finding

Resource FB page: Baltimore Recovery Network for jobs for those in recovery.

Need more employers and contacts; both companies who have a program and those interested

Jiffy Lube hires people in recovery- need contact information

### ***Communication Committee***

Need to focus on Howard County website ( Help Hope Howard), updating information and sharing

Want to simplify messaging and how targeted it will be

How can we reach young kids and partner with schools?

How to get messages out, traditional vs social media?

How do we communicate with younger generations?

What do we want to end up doing as a result of this effort? Need guidance.

How do we message differently for people who care and are invested versus people who are not?

Add information to school system's website(s).

Potentially use Columbia Teen Center, HC Drug Free Teen Advisory Council and/or HCPD youth council program to learn more about how to communicate with this generation, reach out with Will Harris

### ***Enforcement and Adjudication***

Recognition dinner: potentially over 1000 people; need to figure out details. Tim Weber will speak to council in November sharing what Carroll County did and how it worked

Put together a panel between providers and law enforcement

Drug Court could have people (Rev. Mathews' church as an option) support the food they have at graduation and attend graduation to show support.

Drug court is easier/more manageable way to show support, usually 10-20 graduates at a time, rather than hundreds to feed. Next graduation - usually twice a year, November or December/before Thanksgiving, send out dates to group.

### ***Prevention***

Continue to engage with school system

Guiding Good Choices

Help with getting word out to PTA

Talk to your daughter campaign, safe medication disposal

Dispose Rx or Deterra? How to get rid of the meds? How much do we want to focus on which disposal form? Deterra and Dispose Rx are more likely to give free supplies to non-profits than to County Agencies.

Alternative ways to manage pain, chronic pain self-management course, November 1<sup>st</sup>

Michael Baier- head of MDH prevention programs - will be here in January.

### ***Treatment and Recovery***

Need to meet more often - conference call?

Carla Delorenzo study, how to fast track it

The treatment committee and any others with interest are invited to come to Chrysalis House and do site tour. Saturday mornings they do tour, spend an hour or two there. Chris to send information.

### **Goal Setting – Next Steps**

-Meet outside of monthly meetings

-Focus on what we want to accomplish

### **Homework**

Work on goals

Meet with committees

### **Adjourn**

Joanie Elder motioned; Teron Powell second

Meeting adjourned at 6:40pm

Next Meeting is scheduled for Wednesday, November 7th