**[Ocftraining@howardcountymd.gov](Ocftraining%40howardcountymd.gov)**

# Workshops are held virtually through WebEx by the Department of Community Resources and Services' Office of Children and Families, or in person at 9830 Patuxent Woods Drive, Columbia, MD 21046.

**\*Online registration only\* For questions, contact: Kristin Reel at** **kreel@howardcountymd.gov.**

April

[**Healthy Meals for Infants and Toddle**](http://apm.activecommunities.com/howardcounty/Activity_Search/123558)**rs In Person**

**Tues., April 11 / 6:30 PM - 8:30 PM / $5**

**E. Taylor / 2 HSN**

A varied and nutritious diet and good eating habits are essential for infant & toddler healthy growth & development. Healthy eating habits are easy to establish early in a child’s life when the parents and caregivers have accurate knowledge of nutritional values. This workshop explores how to help build healthy eating habits in infants & toddlers.

**CORE OF KNOWLEDGE KEY**

Knowledge area(s), which identifies specific topics of interest you may need to achieve or maintain levels within the Maryland Child Care Credential program. The Core areas are abbreviated as:

CD: Child Development

COM: Community

HSN: Health, Safety and Nutrition

CUR: Curriculum

SN: Special Needs

PRO: Professionalism

[**Re**](http://apm.activecommunities.com/howardcounty/Activity_Search/123560)**specting All Family Structures** **Virtual**

**Thurs., April 13 / 6:30 PM - 8:30 PM / $5**

**S. Burke / 2 COM**

Family structures have moves away from the traditional nuclear family. Identify different family structures that you may encounter in your program. Explore ways to make all children and their families welcome in your program.

[**Prioritizing Outdoor Play**](http://apm.activecommunities.com/howardcounty/Activity_Search/123559)  **In Person**

**Tues., April 25 / 6:30 PM - 9:30 PM / $5**

**R. Gordon / 3 CUR**

Prioritizing outdoor play has many benefits for children. We will identify these benefits, discuss challenges to outdoor learning, list strategies for implementing outdoor experiences and explore outdoor activities that span the domains in early childhood education.

[**Understanding A**](http://apm.activecommunities.com/howardcounty/Activity_Search/123562)**utism Today Virtual**

**Thurs., April 27 / 6:30 PM - 9:30 PM / $5**

**N. Pierre / 3 SN**

Child care providers are key players in creating awareness of Autism and can offer support and guidance to families and children with Autism Spectrum Disorder. Participants will hear about recent developments in Autism research, learn to identify early warning signs of autism and find local support resources as well as learning effective teaching and documentation strategies for supporting children with Autism spectrum disorder.

**Inclement Weather Cancellations**

The Howard County Office of Children and Families follows the Howard Community College (HCC) inclement weather policy.

To receive immediate cancellation notifications, sign up for HCC Mobile Alertsat [www.howardcc.edu](http://www.howardcc.edu/)

Updates are also available at 410-313-442

[www.howardcountymd.gov/children](http://www.howardcountymd.gov/children)

[**Recognizing & Res**](http://apm.activecommunities.com/howardcounty/Activity_Search/123563)**ponding to Child Abuse and Neglect**

**In Person**

**Thurs., April 27 / 6:30 PM - 8:30 PM / $5**

**S. Gold-Raynes / 2 CD**

This workshop reviews the importance of recognizing challenging behaviors. Participants will learn what challenging behaviors look like, how to identify them, and what they can do to help. Participants will also learn how to create written observations of behaviors to identify patterns and implement strategies to prevent challenging behaviors from occurring.