

Aging With Grace

**Every Monday
October 3 - December 10
11:00am - 12:00pm
Virtual Group**

**What do our later years bring, offer, and demand?
Each session will explore this question and topics like
transformation, agelessness, and more.**

**Joan Chittister's book, "The Gift of Years" is
a guide for discussion and included with registration.**

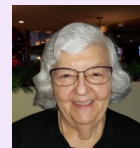
*"It is time for us to let go of both our fantasies of eternal youth,
and our fears of getting older, and to find the beauty of what it means to age well."
Joan Chittister*

Led by SeniorsTogether Facilitators MaryPat Donelan and RoseMarie Moran

MaryPat Donelan currently works as an Executive/Life Coach and is a retired Human Resources Director.



RoseMarie Moran has fifty years of experience in the field of education.



Sponsored by



www.howardcountymd.gov/seniorstogether

For registration and the link, contact:
Karen Hull, Howard County Office on Aging & Independence
410-313-7466 (voice/relay)
email: khull@howardcountymd.gov

Registration deadline:
Wednesday, September 28. Limited to 10 participants.

If you need this information in an alternate format, or need accommodations to participate, contact Maryland Access Point of Howard County at 410-313-1234 (voice/relay) or map@howardcountymd.gov at least one week in advance.

