Workshops are held virtually through WebEx by the Department of Community Resources and Services’ Office of Children and Families, or in person at 9830 Patuxent Woods Drive, Columbia, MD 21046.

*Online registration only* For questions, contact: Kristin Reel at kreel@howardcountymd.gov.

**July**

**Blooms of Inclusion: Implementing Universal Strategies for Inclusive Practice** Virtual
Wed. July 6th / 6:30 PM - 9:30 PM / $5
G. Ferentinos / 3 SN
What does true inclusion look like in a childcare program? In this module, we will look at evidence-based approaches to inclusive practice and explore tools for establishing program standards. We will learn strategies for continually improving practices that support inclusion, such as establishing strong collaboration with other professionals. As families are the experts on their child’s needs, we will discuss strategies you can use to engage families as partners.

**Learning Math with Dollar & Thrift Store Finds** Virtual
Thurs. July 7th / 6:30 PM - 9:30 PM / $5
S. Peyser / 3 CUR
Young children love to think and figure things out – reasoning - they do it all day. Math is about thinking, figuring things out and reasoning. Math manipulatives do not have to cost a fortune, many materials can be found at the local dollar store or thrift shop that support mathematical thinking processes.

**Reducing Stress and Burnout for Those Caring for Kids** IN PERSON
Tues. July 12th / 6:30 PM - 9:30 PM / $5
J. Benemerito / 3 HSN
The child care environment can be stressful at times. Without good self-care, there may be a point when you have nothing left to give due to stress. Through hands-on activities and experiences, as well as self-reflections, providers will explore and increase their familiarity and knowledge with best practices in self-care and ways reduce stress and prevent burnout.

**Planning Yoga Experiences for Early Childhood Classrooms** IN PERSON
Thurs July 14th / 6:30 PM - 9:30 PM / $5
R. Gordon / 3 CUR
The yoga time created with the children in your program will provide a special and safe place that encourages compassion and connectedness.

**Caring for Little Ones: Using Sign Language to Communicate** In Person
Tues July 19th / 6:30 PM - 9:00 PM / $5
K. Reel / 2 CD
This training is designed to introduce infant and toddler teachers to using sign language with children to support communication. Through this highly interactive training, students will learn 8-10 signs for “needs meeting” words such as more, all done, mommy, daddy, stop, etc. Students will also walk away with created hand sign placards and pair them with the spoken words that match the signs.

**LEGO On: Building Your Preschooler One Colorful Brick at a Time** In Person
Thurs. July 21st / 6:30 PM - 9:30 PM / $5
R. Gordon / 3 CUR
This competent level training will provide fun strategies for participants to implement into their programs involving Legos across all learning domains. Participants will learn that Legos are not just for building objects, but are for building essential skills that will help their children succeed. Pre-requisite knowledge and application of intentionally using play as the foundation for learning and development in all domains is required.

**Developing a Community Resource File** In Person
Tues. July 26th / 6:30 PM - 9:30 PM / $5
S. Gold Raynes / 3 COM
Child care is much more than caring for children. Families come with expectations of services to meet their individual needs. Helping families to help themselves is the most valuable help you can give. In this workshop you will learn about the importance of keeping a community resource file to help your families in times of need.

**Adult, Child, and Infant CPR and First Aid** In Person
Sat July 30th / 9:00 AM – 12:00 PM / $90
1st Alert CPR Training

**Inclement Weather Cancellations**
The Howard County Office of Children and Families follows the Howard Community College (HCC) inclement weather policy.

To receive immediate cancellation notifications, sign up for HCC Mobile Alerts at www.howardcc.edu
Updates are also available at 410-313-442
www.howardcountymd.gov/children

**CORE OF KNOWLEDGE KEY**
Each training workshop listing indicates the approved Core of Knowledge area(s), which identifies specific topics of interest you may need to achieve or maintain levels within the Maryland Child Care Credential program. The Core areas are abbreviated as:

CD: Child Development
COM: Community
HSN: Health, Safety and Nutrition
CUR: Curriculum
SN: Special Needs
PRO: Professionalism

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