



## JOIN US FOR A MEAL AT THE 50+ CENTERS!

We are excited to welcome you back to dine with us at the Howard County 50+ Centers!

Must be 60 or older to receive a meal; spouses of any age may also participate. Participants will have the opportunity to provide a confidential donation towards the cost of the meal.

WE LOOK FORWARD TO SEEING YOU!

### **Bain 50+ Center**

5470 Ruth Keeton Way, Columbia • 410-313-7213  
**WEDNESDAYS • Begins May 18**  
Korean Meals Available

### **Elkridge 50+ Center**

6540 Washington Boulevard, Elkridge • 410-313-5192  
**TUESDAYS • Begins May 31**

### **Ellicott City 50+ Center**

9401 Frederick Road, Ellicott City • 410-313-1400  
**TUESDAYS • Begins June 7**

### **North Laurel 50+ Center**

9411 Whiskey Bottom Road, Laurel • 410-313-0380  
**WEDNESDAYS AND FRIDAYS • Begins May 4**

### **HOME DELIVERED MEALS**

The Howard County Office on Aging and Independence partners with Meals on Wheels (MOW) of Central Maryland to provide home delivered meals to eligible individuals. Eligibility is based on age, mobility and food access. To determine eligibility and sign up, contact MOW at 410-558-0932.

### **REGISTRATION**

**For details or to sign up, call or stop by the front desk at the 50+ Center of your choice!**

PRESENTED BY THE

**Howard County**  
Office on Aging and Independence

[www.howardcountymd.gov/aging](http://www.howardcountymd.gov/aging)

If you need this information in an alternate format, or need accommodations to participate, contact the HOWARD COUNTY NUTRITION LINE at 410-313-3640 (VOICE/RELAY).