Therapeutic Social Day Program for Adults Age 18 and Over

ENROLL YOUR LOVED ONE TODAY!

Ellicott City 50+ Center
9401 Frederick Road, Ellicott City 21042
Monday thru Friday: 10:00 AM to 2:00 PM

This specialized, fee-for-service program is specifically designed to maintain independence, enhance memory and improve the overall health of participants.

CONNECTIONS.
Where adults who need guidance and supervision can stay active, have fun, and remain connected to the community.

Howard County
Office on Aging and Independence
www.howardcountymd.gov/aging

Felicia Stein, Program Director
Phone 410-313-1425 (voice/relay)
Email fstein@howardcountymd.gov

If you need this information in an alternate format or need accommodations to attend, contact Maryland Access Point of Howard County (MAP) at map@howardcountymd.gov or 410-313-1234 (voice/relay).

PROGRAM INCLUDES
• Daily Seated Exercise
• Memory Enhancement
• Intergenerational Programs
• Life Review Activities
• Trips and Outings
• Music and Dance
• Cards and Games
• Creative Arts and more!