

## **School Guidelines for Isolation following a positive COVID-19 test or Quarantine following an identification as a close contact**

### **Persons who have confirmed or suspected COVID-19 (Isolation)**

All students and staff who test positive for COVID or are showing symptoms must be isolated for 5 days regardless of vaccination status and may not return to school until:

- They have been out at least 5 days from the onset of symptoms or upon receiving a positive test without symptoms, and
- Remain fever-free for 24 hours, and
- Show a consistent improvement of symptoms.

Upon release from isolation all students and staff must wear a well-fitting mask around others and refrain from extracurricular activities for another 5 days.

### **Persons who are exposed to someone with COVID-19 (Quarantine)**

You DO NOT need quarantine if:

- If you are 12 years and older and you have received all recommended vaccine doses, including boosters when eligible.
- If you are 5 – 11 years of age and you have completed the primary two dose series.
- If you had a confirmed COVID-19 diagnosis within the last 90 days (i.e. tested positive using a viral test).

Guidelines for persons exempt from quarantine:

- Wear a well-fitting mask around others for 10 days after the last close contact with the person with COVID-19.
- Get tested if you experience symptoms.
- Follow recommendations for isolation if you test positive or experience symptoms.
- If no symptoms, get tested on day 5 after the last close contact.

You SHOULD quarantine if:

- You are 12 years or older and completed the primary series of recommended vaccine but have not received a recommended booster when eligible.
- You are not vaccinated or have not completed a primary vaccine series.






Guidelines for persons subject to quarantine:

- Stay home for at least 5 days after the last close contact with the person with COVID-19
- Get tested if you experience symptoms.
- Follow recommendations for isolation if you test positive or experience symptoms.
- If no symptoms, get tested on day 5 after the last close contact.
- Continue to wear a well-fitting mask for an additional 5 days after returning from quarantine, only removing the mask for meals and/or naptime.
- If unable to wear a mask around others, remain at home for a full 10 days.






Maura J. Rossman, M.D., Health Officer

### Quarantine & Isolation Trackers











#### Isolation (vaccinated or unvaccinated)

	Date test is taken/ symptoms start	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
If no symptoms 	 DAY 7	 DAY 8	 DAY 9	 DAY 10	No Restrictions	

#### Quarantine (not fully vaccinated AND boosted)

	Date of Exposure	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5 Get Tested
End Quarantine 	 DAY 7	 DAY 8	 DAY 9	 DAY 10	No Restrictions	

#### Fully vaccinated AND boosted close contact

	Date of Exposure	 DAY 1	 DAY 2	 DAY 3	 DAY 4	Get Tested 
 DAY 6	 DAY 7	 DAY 8	 DAY 9	 DAY 10	No Restrictions	