

September 2021 Trainings

Nothing I Do Works: A Parent's Guide to Challenging Behaviors

The Pyramid Model is a comprehensive, research based approach that considers all of the factors that impact a child, family and a child's behavior. Learn how to help decrease negative behaviors from happening and/ or what to do when they do occur. Ask questions and leave with skills and resources that you can use immediately to help you feel more confident in your parenting. For children ages two to eight.

Wednesday, September 22

7:00 - 8:00 p.m. Free Virtual Workshop, Register [here](#)

Brain Builders

Optimizing Your Infant's Early Brain Development From Birth to 18 Months

Babies are primed to start learning from the day they are born! There is so much science available to help parents understand how to support their baby during this critical time in their development. Through this workshop, parents and caregivers will gain an understanding of their infant's developing brain and how simple daily interactions and activities are the learning moments that support those brain connections. Learn more about how creating a secure attachment with your baby helps to create effective learning pathways. Explore the many resources in the community that will support your family on this developmental journey to help ensure that your baby starts off with a healthy and strong beginning.

Wednesday, September 29

12:00 to 1:00 p.m. Free Virtual Workshop, Register [here](#)

Brain Builders

Optimizing Your Toddler's Early Brain Development

Through this workshop, parents and caregivers will explore the ingredients for building a strong foundation of social and emotional skills during their child's first three years. Learn about the exponential brain growth that occurs during this time period, look at the serve-and-return interactions that happen through play, and gain tips on how to stay positive when your toddler is exerting their ever growing sense of independence. Also, learn about the variety of community resources that will help you support young children during this stage.

Wednesday, October 13

12:00 to 1:00 p.m. Free Virtual Workshop, Register [here](#)