E-cigarette smoking devices (ESDs) may cause negative long-term health effects.

**ESD Facts**

ESDs can:

- cause severe lung disease and death.
- expose user to harmful chemicals that can cause cancer.
- contain addictive nicotine that harms brain development.
- lead to other nicotine/tobacco use.

**Federal T21 Law**

Prohibits sale of tobacco products & ESDs to anyone under age 21

*No active duty military exemption.

**Howard County high school students**

- 1 in 5 high school students use ESDs
- 97% of high school students who use ESDs use flavoring other than tobacco
- 1 in 8 high school students use ESDs to smoke marijuana, THC, hash oil, etc.

**Did You Know?**

- Some ESDs look like USB flash drives, pens and other easily concealed items.
- ESD products can contain as much nicotine as 20 cigarettes.

More information: [www.hchealth.org](http://www.hchealth.org)

*Sources: Youth Risk Behavior Survey/Youth Tobacco Survey (YRBS/YTS), 2018; FDA and Scholastic Youth E-Cigarette Prevention Infographic.*