## **6. Additional Support Needs**

Resources that encompass the full needs of individuals across the lifespan including Mental Health, Medical Services, and additional social services resources.

Mental Health & Counseling Services			
Organization	Description	Contact	Website
Black Mental Health Alliance	Culturally sensitive therapists to support mental health needs.	(410) 338-2642	blackmentalhealth.com/connect- with-a-therapist
Howard County Mental Health Authority	Oversees mental health services in the county, coordinating care and resources for residents.	(410) 313-7350	hcmha.org
Maryland Wellness	Resource hub for mental health and wellness services across the state.	410-314-1030	mdwellness.org
Wrap Around Maryland	Offers mental health services including case management, therapy, and support for individuals with complex needs	410-219-5072 (Baltimore/Eastern Shore)	wraparoundmd.com
Hope Works	Support for survivors of sexual and intimate partner violence with counseling, legal advocacy, and education.	410-997-0304 (24/7 Hotline), 410-997-2272	hopeworksofhc.org

Medical, Health, & Rehabilitation			
Services			
Organization	Description	Contact	Website
Brain Injury Association of Maryland	Resources for individuals living with traumatic brain injury.	1-800-221-6443	biamd.org
Children's National Medical Center	Medical treatment in the DC/MD area at various support levels.	(202) 476-4904	childrensnational.org
Front Row	Pediatric Dental care for all children's needs	443-391-9191, 5084 Dorsey Hall Dr STE 205, Ellicott City, MD 21042	Frontrowpediatricdentistry.com
Hear USA	Helps locate audiologists in your area.	855-252-5312	hearusa.com
University of Maryland Dental School	Low-cost dental treatments when insurance may not cover needs.	410-706-7101	dental.umaryland.edu
Family & Child Support Services			
Organization	Description	Contact	Website
Turnaround	Domestic Violence support and resources	443-279-0379	https://www.turnaroundinc.org/
Child Protective Services (CPS)	Investigates child abuse and neglect, provides services to	(410) 872-4203	dhr.maryland.gov/cps

	protect children and strengthen families.		
Healthy Families Howard County	Free home-visiting, child development	410-313-1940 or children@howardcountymd.gov	howardcountymd.gov/children- families/home-visiting
Howard County	education, community resource engagement, and family self- sufficiency.	cindren@nowardcountymd.gov	Tammes/Home-visiting
The Gabriel Network	Support for pregnant women and families in need: housing, material assistance, spiritual support.	(800) 264-3565	gabrielnetwork.org
Legal & Civil Rights Advocacy			
Organization	Description	Contact	Website
Office of Human	Q! !I ! I .		1 1 1 / cc c
Rights	Civil rights complaints, education	(410) 313-6430	howardcountymd.gov/office-of- human-rights
	complaints, education Assists with legal needs and advocacy.	(410) 313-6430 1-800-233-7201	• • •
Rights Disability Rights	complaints, education Assists with legal		human-rights

	educators and therapists.		
Pathfinders for Autism	Offers autism- related information, referrals, healthcare, support groups, advocacy, respite, legal & life planning.	443-330-5341	pathfindersforautism.org
People On the Go	Promotes self- advocacy across the state through activism, involvement and education.	443-923-9593	Pogmd.org
Service Coordination, Inc.	Case management for services under the DDA waiver programs.	410-772-8774	servicecoordination.org
Education, Mentoring & Financial Support			
Organization	Description	Contact	Website
Lead4Life	Services for youth & young adults including mentoring, education support, life skills training.	443-210-6804	lead4lifeinc.org

Making Change	Provides financial literacy education and coaching to help individuals and families achieve financial stability.	(443) 518-7647	makingchangecenter.org
Transportation & Accessibility			
Organization	Description	Contact	Website
HoCo RapidRide	Free for students, seniors 60+, wheelchair accessible; on- demand rideshare in Howard County.	(443) 348-9572	ridewithvia.com/rapidride
Regional Transportation Agency of Central MD (RTA)	Public transportation services including bus routes and paratransit in Howard, Anne Arundel, and Prince George's counties.	Apply online	-
Emergency,	V		
Housing & Community			
Resources			
Organization	Description	Contact	Website
Salvation Army	Emergency assistance, housing, rehabilitation programs.	(443) 656-3376	salvationarmymd.org

CareApp	Mobile-friendly		careapp.howardcountymd.gov
	platform connecting		
	residents to food,		
	housing, healthcare,		
	and other local		
	services.		
United Health	Grants to children	1-855-698-4223	uhccf.org/apply-for-a-grant
Children's Foundation	under 16 for medical		
	needs excluding		
	dental, orthodontics,		
	educational		
	supports.		