

## DDA Supports/DDA Waiver Information

Waivers and insurance programs in Maryland provide specialized, community-based support to individuals with disabilities, older adults, and medically fragile children and adults. These programs aim to help participants remain in their homes and communities rather than in institutional care.

Key services include:

- **Therapeutic and personal supports** for children and adults with developmental, physical, or cognitive disabilities.
- **Residential, day program, and employment services** to promote independence and community integration.
- **Medical and nursing care** for medically fragile individuals transitioning from pediatric or institutional care.
- **Respite care, case management, and assistive technology** to support families and caregivers.
- **Financial protections for working individuals with disabilities**, ensuring that earning income does not compromise essential health coverage.

Collectively, these resources allow individuals and families to access person-centered services, plan for long-term care, and maintain health, safety, and independence in the community.

Waivers & Insurance Resources			
Resource	Info	Contact / Admin	Website
Autism Waiver (AW)	Provides community-based, long-term, person-centered therapeutic services for children and youth with Autism Spectrum Disorder, supporting home and community living instead of institutional care	Autism Waiver Registry at 1-866-417-3480	N/A
DDA Central Maryland	Assists with application to waived services for eligible individuals with developmental disabilities	410-234-8200	maryland.dda.gov

Community Pathways Waiver	Comprehensive services including residential support, employment, day programs, personal supports, and assistive technology for individuals with developmental disabilities	(410)767-6500 or 1-877-463-3464	maryland.dda.gov
Community Supports Waiver	Community-based services such as employment, personal support, respite care, and behavioral support (does not cover residential services)	(410)767-6500 or 1-877-463-3465	maryland.dda.gov
Family Supports Waiver	Limited funding for children with developmental disabilities, with some supports continuing into adulthood; helps families plan long-term care	(410)767-6500 or 1-877-463-3466	maryland.dda.gov
Maryland Community Options Medicaid Waiver	Provides home and community-based services (personal assistance, case management, respite, assistive technology) for individuals with disabilities or older adults who would otherwise require nursing home care	(410)767-6500 or 1-877-463-3467	health.maryland.gov
Employed Individuals with Disabilities (EID) Program	Allows individuals with disabilities to earn income while retaining Medicaid coverage; encourages work without losing vital health services	(410)767-6500 or 1-877-463-3468	health.maryland.gov
Model Waiver (for Medically Fragile Adults Transitioning from Pediatric Care)	Offers in-home medical and nursing support for medically fragile individuals transitioning from pediatric care to adult care, avoiding hospital or institutional care	(410) 987-1048 (via REM Program Coordination)	health.maryland.gov

Brain Injury Waiver	Supports individuals with brain injuries transitioning from nursing facilities or hospitals to the community with case management, personal supports, and residential habilitation	Maryland Department of Health	<a href="http://health.maryland.gov">health.maryland.gov</a>
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