



Friendly Connections

Making Social Support Calls to Older Adults

Friends are those rare people who ask how you are and then wait to hear the answer.
— ED CUNNINGHAM —

**Don't miss the opportunity to participate
in a rewarding and inspiring program!
Make new friends and broaden your social life!**

If you...

- live alone or are new to the area;
- are 50 years of age or older;
- have limited social connections;
- deal with chronic health issues;
- are seeking an expanded circle of friends;
- are able to use a telephone or cell phone;
- and/or willing to accept scheduled calls from a **Phone A Senior** volunteer, then

Friendly Connections is for YOU!

Contact Maryland Access Point (MAP) of Howard County at 410-313-1234 to enroll in the program.

The Howard County Office on Aging and Independence MAP program will complete an intake and assessment for eligibility and screen for additional community resources.

Family members interested in learning more about the program and referring agencies may also contact MAP by phone or email.

During COVID-19, phone calls will replace home visit assessments to determine eligibility.

Bilingual participants are encouraged to participate in this innovative program! All volunteers are screened, trained and have background checks.

Participants will be notified once a match is made with a volunteer and when calls will be scheduled to begin.



Howard County Office on
Aging and Independence
Department of Community Resources and Services

410-313-1234 (VOICE/RELAY)
map@howardcountymd.gov
www.howardcountymd.gov/aging

If you need this publication in an alternate format, contact MAP at the phone number or email listed above.

MAKE NEW FRIENDS • CONNECT WITH COMMUNITY • SHARE STORIES AND LAUGHS