Cycle2Health 2026 Rides

Special Note for All Rides - Please arrive 15 minutes before ride start time to ensure an on-time start. We advise continuing to bring masks on the rides, as many rides have stops for bathrooms, snacks or water and a facility or business may ask you to have a mask on. Remember your water bottle as water fountains may not be accessible on rides; bring sunscreen, and tools to change a tire; bring a cell phone if you have one, and identification including emergency contact information. You must register for Cycle2Health and review the bicycle guidelines before you can participate in these rides.

Disclaimer: rides are subject to change or be canceled at the ride leader's discretion. Please subscribe to the listserv for the most accurate ride information. To join, email cycle2healthhowardcounty@gmail.com with the subject "add to listserv."

Contact Rachel Filar at 410-313-6073 or rfilar@howardcountymd.gov for more information.

May Ride Details

Casual Ride
Ride date/time: May 5 @ 10:00 AM
Departure location: Ellicott City 50+ Center (9401 Frederick Rd. Ellicott City, MD 21042). Please arrive early to check in and greet C2H coordinator Rachel Filar. Park in the 50+ Center's far lot that's next to the library parking. Check your Air, Brakes, & Chain. Bring a water bottle and don't forget your helmet.
Description: Easy 9-mile local loop based on an original Casual C2H ride. Rolling terrain on side streets lead to CA pathways along the Little Patuxent stream bed. Frequent regroupings on C2H opening ride.
Cue sheet: https://ridewithgps.com/routes/54145401
Ride Leader: Joe Horvath, 410-707-9477

Moderate Ride
Ride date/time: May 7 @ 10:00 AM
Departure location: Blandair Park (5750 Oakland Mills Rd. Columbia, MD 21045). Park in West Parking Lot by soccer fields.
Description: 12-miles with average ride speed of 10-12 mph. A ride mostly on Columbia-Howard County bike paths. A few short hills on the route. Ride starts and ends at Blandair Park. We turn around at the bridge in Savage. Caution is urged on some of the wooden bike paths on the southern end of the route as they have some sharp turns.
Cue sheet: https://ridewithgps.com/routes/48209190
Ride Leader: Richard Madonna, 443-896-8371

May 7 ~ No Advanced Ride Scheduled

Casual Ride
Ride date/time: May 12 @ 10:00 AM
Departure location: Lake Elkhorn Dock (7200 Dockside Lane). If lot is full, please park on Cradlerock Drive.
Description: 9.5-miles with an average ride speed of 10-12 mph. This ride is almost entirely on pathways but take a look at the RideWithGPS route to see if it looks good to you. There're Porta Potties at Lake Kitty, the halfway point. Be sure to bring water, helmet and a spare inner tube for your bike's tire. Option for coffee/socializing afterward at Uber Bagel (which you can ride or drive to).
Cue sheet: https://ridewithgps.com/routes/54394264
Ride Leader: Ed Warner, 240-646-2786

Moderate/Advanced Ride
Ride date/time: May 14 @ 9:00 AM
Rain date: May 15
Departure location: Zinner House (8112 Sea Water Path. Columbia, MD 21045).
Description: Warm up 20-mile ride for the start of the season - only 1000 feet of climbing with average ride speed of 10-12mph. Start at Zinner house (bathroom and air pump available) - some traffic to lawyer's hill, then through the park and back - onto Race Road (very flat) - work our way back with some hills and some traffic - rest stop in the park and as needed.
Cue sheet: https://ridewithgps.com/routes/54577896
Ride Leader: David Zinner, 410-733-3700

Advanced Ride
Ride date/time: May 14 @ 10:00 AM
Departure location: Glenwood (Gary J. Arthur) Community Center (2400 MD-97, Cooksville MD 21723). Park on the side of the building. Rest rooms are available.
Description: A favorite advanced 23.1-mile ride from Glenwood to Florence on low traffic roads in Western Howard County. 1419 Feet of climbing with 1418 feet of downhill and an average ride of 12-15 mph.
Cue sheet: https://ridewithgps.com/routes/54789381
Ride Leader: Pat Payne, 410-978-2979

Casual/Moderate Ride
Ride date/time: May 19 @ 9:00 AM
Departure location: East Columbia Library in Owen Brown (6600 Cradlerock Way, Columbia)
Description: It will be hot - 9am start - **bring two bottles of water** - frequent re-grouping. 10.8 miles with an average ride speed of 8-10 mph.
Cue sheet: https://ridewithgps.com/routes/43279256
Ride Leader: David Zinner, 410-733-3700

May 21 ~ No Moderate Ride Scheduled

Advanced Ride RIDE CANCELLED DUE TO RAIN
Ride date/time: May 21 @ 10:00 AM
Departure location: Parking Lot A behind the Trolley Stop in Old Ellicott City (6 Oella Ave. Ellicott City, MD 21043). Parking Lot A is behind the Trolley Stop, which is on Frederick Road
Description: This 22.3-mile ride starts in Oella and goes toward Patapsco Valley Park via River Road. We will ride up Westchester Avenue and then head toward Catonsville and ultimately to the park. River Road will take us to the Swinging Bridge and the Grist Mill Trail. A climb up Bonnie Branch (my favorite road) will be rewarded with a 2-mile downhill ride on New Cut Road to the end of the ride. Average ride speed of 12-15 mph.
Cue sheet: https://ridewithgps.com/routes/55128294
Ride Leader: Pat Payne, 410-978-2979

Casual *Instructional* Ride
Ride date/time: May 26 @ 10:00 AM
Departure location: Merriweather Post Pavilion Parking Lot 3 – The Symphony Woods Garage (6275 Mango Tree Dr. Columbia MD). We will discuss some safety points before starting.
Description: Skills And Confidence To Ride On The Road – this is a 4.5-mile instructional ride for those who want to develop some of the skills and confidence needed to ride on the road better and, above all else, safely. We will (1) go up, but not too much (and easily), (2) what goes up ..., (3) go straight, and (4) turn. The route is only 4.5 miles, but with many stops to discuss how to deal with (light) traffic, road hazards and other conditions, and how to ride in a group. An important riding skill that you must have: be able to ride with one hand (otherwise you cannot signal a turn!). Chris Tsien is a League of American Bicyclists Certified Instructor (https://bikeleague.org/ridesmart/). **Group size: 10 MAXIMUM.**
Cue sheet: https://ridewithgps.com/routes/46670680
Ride Leader: Chris Tsien, 410-908-6870

Casual/Moderate Ride
Ride date/time: May 28 @ 10:00 AM
Rain date: May 29
Departure location: West Entrance to Centennial Park, off Centennial Lane (4651 Centennial Ln, Ellicott City, MD 21042). Drive down to park by the bathrooms, which should be open
Description: An easy 6.2-mile ride, touring Centennial Lake and the Beaverbrook community for CASUAL riders, followed by 10 MODERATE miles, going up Centennial Lane through the Font Hill and Preserve neighborhoods, across Old Annapolis, then down Woodland Road to rejoin the lake path. Average ride speed of 8 – 10 mph.
Cue sheet: https://ridewithgps.com/routes/35922189
Ride Leader: Marlene West, 410-733-8786

Advanced Ride
Ride date/time: May 28 @ 10:00 AM
Departure location: Glenwood 50+ Center (2400 MD-97, Cooksville, MD 21723). Park on side of building.
Description: This is a 20-mile ride with approximately 1,170 ft of elevation gain. We depart the 50+ center, cross Rt 97 and make our way over to Pfefferkorn Rd. This tales us to Ten Oaks Rd which we follow to the first traffic circle we exit the circle at the third exit and continue on Tridelphia Rd., which has a sharp descent as we approach Carroll Mill Rd. We make a RT on Carroll Mill and a right on Folly Quarter Rd. Folly Quarter has elevation gain. We reconnect with Tridelphia, follow it through the traffic circle at Ten Oaks, and after a quick loop through a neighborhood off of Tridelphia, we follow the road to Sharp Rd. which quickly becomes Shady Lane. We make a right onto Burntwoods Rd. and shortly thereafter, we make a left onto Hobb. Rd. This takes us back to Mckendree Rd., which we turn left on. We follow Mckendree to the traffic light on Rt 97, cross Rt 97 and return to the 50+ Center. Average ride speed of 13 – 15 mph.
Cue sheet: https://ridewithgps.com/routes/54728635
Ride Leader: Richard Madonna, 443-896-8371

June Ride Details

Casual Ride
Ride date/time: June 2 @ 9:30 AM
Departure location: Lake Elkhorn Dock (7200 Dockside Lane). Park in the Dockside Lane lot or on Cradlerock.
Description: This is an out-and-back 11.7-miler to Savage Mill, w/a stop for coffee at the Mill -- if it's not too hot (the weather, not the coffee). We'll go along the Pax Branch Trail, so this sometimes muddy route may not be the best for road bikes. Then, we'll climb a big hill, before heading into Savage Park's woods, for some shade.
Cue sheet: https://ridewithgps.com/routes/47493973
Ride Leader: Ed Warner, 240-646-2786

No Rides Departing on June 4

Casual Ride
Ride date/time: June 9 @ 10:00 AM
Departure location: Ellicott City 50+ Center (9401 Frederick Rd. Ellicott City). Park in the 50+ parking lot closest to the library parking lot. Come a few minutes early & check in so we can start on time
Description: Easy 9-mile ride on residential streets and bike paths to Centennial Lake East area and back. Average ride speed of 8 – 10 mph.
Cue sheet: https://ridewithgps.com/routes/44708259
Ride Leader: Joe Horvath, 410-707-9477

Moderate/Advanced Ride
Ride date/time: June 11 @ 9:00 AM
Rain date: June 12
Departure location: Ranger Station (51 W Earleigh Heights Rd. Severna Park, MD 21146). There are parking lots on both sides of the road at the ranger station. Restrooms next to the ranger station.
Description: Popular ride on mostly flat and sunny paved B&A trail from the Ranger station parking lot at 51 W. Earleigh Heights Road Severna Park. We'll first ride north to Marley Station turning around and returning to Ranger Station. We'll then ride south to the end of the trail at Boulters Way and return stopping at The Big Bean Coffee, Froyo & Crepe shops for food & conversation. Afterward only 2 miles back to parking lot. Total of 21.6 miles. Option to shorten ride by returning to Ranger Station/car after Marley Station (7.6 miles) or add in the Big Bean (11.6 miles). Ride speed of 10-12 mph. Restrooms available at ranger station and The Big Bean/Froyo shops.
Cue sheet: https://ridewithgps.com/routes/54670994
Ride Leader: Loretta Duff, 301-440-4944

Advanced Ride
Ride date/time: June 11 @ 9:30 AM
Departure location: Alpha Ridge Park (11685 Old Frederick Rd, Marriottsville, MD 21104)
Description: This is a 23-mile ride with approximately 1,260 ft of elevation gain. The ride takes us from Alpha Ridge Park down along the South Branch of the Patapsco River, through Sykesville to Piney Run State Park and Piney Run Lake. We stop for a few minutes at the lake to enjoy the scenery while taking a break from the saddle. Coming back, we loop around Sykesville, connecting to Forsythe Rd and then Underwood Rd. We then join Old Frederick Rd. to return to Alpha Ridge Park. We do use the shoulder of Rt. 32 for about 1.5 miles to transit from Old Frederick Rd. to River Rd. The road has a wide shoulder and is used by cyclists. Riders should remain in single file during this transit. Average ride speed of 13 – 15 mph.
Cue sheet: https://ridewithgps.com/routes/47754566
Ride Leader: Richard Madonna, 443-896-8371

Casual/Moderate Ride
Ride date/time: June 16 @ 9:30 AM
Departure location: Centennial Lane Entrance (4651 Centennial Lane). Park at end, near pavilion.
Description: An easy 6.2 mile ride, touring Centennial Lake and quiet neighborhood roads of the Beaverbrook community and back to car for CASUAL riders, followed by 11 MODERATE miles or more trafficked road riding, going up Centennial Lane thru the Font Hill and The Preserve neighborhoods, across Old Annapolis, then down Woodland Road to rejoin the lake path. Average ride speed of 10-11 mph.
Cue sheet: https://ridewithgps.com/routes/35922189
Ride Leader: Marlene West, 410-733-8786

Casual/Moderate Ride RIDE CANCELLED DUE TO RAIN
Ride date/time: June 18 @ 9:30 AM
Departure location: Owen Brown Village Center (7180 Cradlerock Way).
Description: A 10-mile ride mostly on Columbia paths with +511/- 511 in elevation. We will first ride through the Villages of Stevens Forest and Talbot Springs, turning north we will go under Rouse Parkway, arriving in Phelps Luck at the northern end of the loop, and then head south under Rouse Parkway a second time, past Sewells Orchard, proceed around Lake Elkhorn, then ending at our point of departure in Owen Brown Village Center. Average ride speed between 10 – 12 mph.
Cue sheet: https://ridewithgps.com/routes/43632312
Ride Leader: Irv Pritchett, 443-889-0955

Advanced Ride RIDE CANCELLED DUE TO RAIN
Ride date/time: June 18 @ 9:00 AM
Departure location: Glenwood 50+ Center (400 MD-97, Cooksville, MD 21723). Park on the side lot.
Description: 21.5 miles with an average ride speed between 13-15 mph. Rolling hills with mostly light traffic roads. All road no paths. Only a short section (a few hundred feet) on a busy road near the end of the ride. Approximately 1300 feet of climbing according to my gps. We will regroup 2 or 3 times which I will discuss at start.
Cue sheet: https://ridewithgps.com/routes/42964466
Ride Leader: Mark Raginsky, 410-271-7490

Casual/Moderate Ride
Ride date/time: June 23 @ 10:00 AM
Rain date: June 26
Departure location: Avalon Patapsco State Park (5120 South St. Halethorpe, MD 21227) and (by tot lot bathrooms). You need to pay $2 or show your Maryland Senior Park Lifetime Pass, which you can buy from the ranger for $10. At the T-intersection, turn left toward Avalon (right is Glen Artney park). Just after you pass large playground, park in large lot on the right, across from bathrooms.
Description: Beautiful mostly flat and partly shaded ride on park roads and paths with little traffic -- ideal for new riders. Both road and trail bikes are good. Includes the scenic Grist Mill Trail. An 11.6 mile ride with an average ride speed of 10-12 mph. There will be an option to end the ride at 10.5 miles when we pass through the parking lot before we go up a steeper section of River Road. Restrooms at parking area.
Cue sheet: https://ridewithgps.com/routes/46993917
Ride Leader: Loretta Duff, 301-440-4944

Moderate Ride
Ride date/time: June 25 @ 10:00 AM
Departure location: Thomas A. Dixon, Jr. Aircraft Observation Area (1911 Dorsey Rd, Glen Burnie, MD 21061). Parking is limited, so carpooling to the park is encouraged.
Description: Follows the BWI loop trail around the airport. Path is well-defined and provides views of the airport that riders might have not previously seen. There will be several brief stops to regroup. 10.8 miles.
Cue sheet: https://ridewithgps.com/routes/44011683
Ride Leader: Patrick Piet, 410-207-2320

If you need this document in an alternate format, call (410) 313-1234 (voice/relay). If you need accommodations to participate, please call at least one week in advance.

Advanced Ride
Ride date/time: June 25 @ 10:00 AM
Departure location: Utica Park, Frederick MD (10200-B Old Frederick Road Frederick, MD 21701). Parking lot by picnic pavilion. Port-a-potties available
Description: A 28-mile loop around the Thurmont area with approximately 1,200 ft of elevation gain. The ride is on mostly quite farmland roads. We will ride over three covered bridges in the course of this ride. Sunscreen and two water bottles are highly recommended as much of the route is unshaded. Average ride speed of 12-15 mph
Cue sheet: https://ridewithgps.com/routes/48487262
Ride Leader: Richard Madonna, 443-896-8371

Casual *Instructional* Ride
Ride date/time: June 30 @ 10:00 AM
Departure location: Merriweather Post Pavilion Parking Lot 3 – The Symphony Woods Garage (6275 Mango Tree Dr. Columbia MD). We will discuss some safety points before starting.
Description: Skills And Confidence To Ride On The Road – this is a 4.5-mile instructional ride for those who want to develop some of the skills and confidence needed to ride on the road better and, above all else, safely. We will (1) go up, but not too much (and easily), (2) what goes up ..., (3) go straight, and (4) turn. The route is only 4.5 miles, but with many stops to discuss how to deal with (light) traffic, road hazards and other conditions, and how to ride in a group. An important riding skill that you must have: be able to ride with one hand (otherwise you cannot signal a turn!). Chris Tsien is a League of American Bicyclists Certified Instructor (https://bikeleague.org/ridesmart/). **10 MAXIMUM.**
Cue sheet: https://ridewithgps.com/routes/46670680
Ride Leader: Chris Tsien, 410-908-6870

July Ride Details

Moderate/Advanced Ride RIDE CANCELLED DUE TO HEAT
Ride date/time: July 2 @ 9:30 AM
Departure location: Zinner House (8112 Sea Water Path, Columbia MD).
Description: This is a 32.6-mile railroad theme ride with an average ride speed of 10-12 mph. It is longer than usual for a Moderated Advanced ride, but we will take more breaks than typical. After experiencing the joy of going down New Cut Rd, our first stop is at the Baltimore and Ohio Ellicott City Station Museum, the oldest surviving railroad station in the United States. We'll take about 30 minutes to tour the museum and then ride over to the Trolley Line #9 Trail. We turn onto River Rd and get a great view of the train bridge over the Patapsco River. We ride over the Patapsco River bridge onto the 2.5-mile Grist Mill Trail. At the end of the trail, we get onto Park Entrance Rd and go about a mile for an amazing view of the Thomas Viaduct, the first multi-span masonry railroad bridge built on a curve in the United States (**be sure to watch THIS animation**)! We'll stop and look at the obelisk marking the Viaduct completion and read the historical markers at the ranger station. We go across route 1 and then about a mile down Race Rd. We wind our way to the Maryland Department of Transportation, where the Historic Stoney Run Train Station ticket booth is located. Then we ride up the wooden bridge and go in the back door of the BWI train station overpass. From there, we head home, pausing for a quick detour to the Dorsey Marc Train Station.
Cue sheet: https://ridewithgps.com/routes/55683502
Ride Leader: David Zinner, 410-733-3700

Advanced Ride RIDE CANCELLED DUE TO HEAT
Ride date/time: July 2 @ 10:00 AM
Departure location: Glenwood 50+ Center (400 MD-97 Cooksvile MD 21723). Park in the side parking lot.
Description: This is roughly the same route as the one on 6/18 just in the opposite direction, lightly travel roads. 21.1 miles with ~1100 feet of climbing. No rest stop. We will regroup a couple of times
Cue sheet: https://ridewithgps.com/routes/55356253
Ride Leader: Mark Raginsky, 410-271-7490

Casual/Moderate Ride
Ride date/time: July 7 @ 9:30 AM
Rain date: July 10
Departure location: Café Columbia (5550 Sterrett Place #103, Columbia, MD 21044). As you enter the parking lot, park over to the right near the tree line.
Description: An 11.8-mile ride linking Lake Kit and Lake Elkhorn with 480 ft of elevation gain. The route is primarily on Columbia trails, along with two segments on the Oakland Mills Road bike lane, and approx. 100 yards on gravel road. The gravel segment is very short and can easily be walked by any skinny tire riders who prefer. There are no dependably open restrooms along the planned route, however we could do a short re-route to the Blandair Park restrooms if needed. Cafe Columbia will also let us use their restrooms before and after the ride. Coffee and crepes after the ride at Cafe Columbia. Average ride speed of 8-10 mph.
Cue sheet: https://ridewithgps.com/routes/55793136
Ride Leader: Kevin Grady, 240-517-9854

Moderate Ride
Ride date/time: July 9 @ 9:30 AM
Departure location: Atholton Elementary School (6700 Seneca Drive Columbia, MD). Park behind the school
Description: We will ride from Atholton Elementary along roads and paths to meet the Patuxent Branch Trail to Savage Mill, with an optional extension up the Savage Mill Trail to the Patuxent fall line. The route is paved except for a section on the Patuxent Branch after the bridge, and the Savage Trail, which includes some gravel portions. We will stop at the Roggenart Bakery in Savage Mill for conversation and snacks mid-way through the ride. 13.3 miles including the extension with a ride speed of 9-12 miles per hour.
Cue sheet: https://ridewithgps.com/routes/55936081
Ride Leader: Greta Swanson, 443-538-3623

July 9 ~ No Advanced Ride Scheduled

Casual/Moderate Ride
Ride date/time: July 14 @ 8:30 AM
Departure location: Owen Brown Village Center Parking Lot, near Giant (7200 Cradlerock Way). Park behind the Giant. Restroom available in Giant.
Description: This 9.7-mile ride is on Columbia paths, protected bike lane with short sections on roads with bike lane. The route goes around Lake Elkhorn, up Oakland Mill Rd, through and around Blandair Park, down the Elkhorn Branch trail and return to the start. Elevation gain is 415 ft. There will be regrouping as required particularly at the top of hills and major turns. A stop with restroom and water refill available at Blandair ~4 miles into the ride. Average ride speed between 8-10 mph.
Cue sheet: https://ridewithgps.com/routes/55812502
Ride Leader: Jean Grady, 202-302-7534

July 16 ~ No Moderate Ride Scheduled

Advanced Ride
Ride date/time: July 16 @ 9:30 AM
Departure location: Glenwood 50+ Center (2400 MD-97 Cooksville MD). Park in side lot. Bathrooms available inside 50+ Center.
Description: This is a 22-mile, moderately hilly ride on familiar roads in western Howard County. The route includes a generous downhill run on Florence Road. Light traffic is anticipated. Average ride speed of 13-15 mph with a total elevation gain of approximately 1,230 ft. **Two water bottles and sunscreen is highly recommended.**
Cue sheet: https://ridewithgps.com/routes/53188753
Ride Leader: Richard Madonna, 443-896-8371

July 21 ~ No Casual Ride Scheduled

Moderate/Advanced Ride
Ride date/time: July 23 @ 9:30 AM
Rain date: July 24
Departure location: GORC Park (940 Strawberry Lake Way, Odenton, MD 21113)
Description: Approximately 21 mile out-and-back route starting from GORC Park and taking WB&A Trail south across Patuxent River into Prince George's County. Average ride speed of 10-12 mph.
Cue sheet: https://ridewithgps.com/routes/52968164
Ride Leader: Patrick Piet, 410-207-2320

Advanced Ride
Ride date/time: July 23 @ 9:00 AM
Departure location: Glenwood 50+ Center (400 MD-97, Cooksville, MD 21723). Park on the side lot.
Description: 21.5 miles with an average ride speed between 13-15 mph. Rolling hills with mostly light traffic roads. All road and no paths. Only a short section (a few hundred feet) on a busy road near the end of the ride. Approximately 1300 feet of climbing according to my gps. We will regroup 2 or 3 times which I will discuss at start.
Cue sheet: https://ridewithgps.com/routes/56081889
Ride Leader: Mark Raginsky, 410-271-7490

Casual/Moderate Ride
Ride date/time: July 28 @ 9:00 AM
Departure location: Savage Park (8400 Fair St. Savage, MD 20763). Meet in parking lot between bathrooms and baseball field
Description: This 7.3-mile route is short for a casual/moderate, but it is somewhat hilly and has more challenging terrain. It is unpaved for 1.3 miles. We will ride on a mix of trails and roads. We will stop at two historic bridges. The only bathroom stop is at a single port-a-potty next to the Guilford-Pratt bridge. Average ride speed of 8-10 mph.
Cue sheet: https://ridewithgps.com/routes/55822420
Ride Leader: Ruth Aeurbach, 410-717-8151

July 30 ~ No Moderate Ride Scheduled

Advanced Ride
Ride date/time: July 30 @ 9:00 AM
Departure location: Glenwood 50+ Center (400 MD-97, Cooksville, MD 21723). Park on the side lot.
Description: Moderately hilly 22-mile ride to Piney Run Park (aprox 1243 ft) all on paved roads. Rest stop will be at the lake. They do have restrooms, but the last time I was there, they had no portable water so bring enough water for the whole ride.
Cue sheet: https://ridewithgps.com/routes/56266942
Ride Leader: Mark Raginsky, 410-271-7490

August Ride Details

Casual Ride
Ride date/time: August 4 @ 9:30 AM
Departure location: Blandair Park East (5749 Oakland Mills Road)
Description: Relatively easy 9-mile ride for the dog days of August. Starts at Blandair East Area parking lots and goes to Wilde Lake. Mostly paths with some surface and neighborhood roads. 350 ft elevation
Cue sheet: https://ridewithgps.com/routes/51958262
Ride Leader: Patrick Piet, 410-207-2320

Moderate/Advanced Ride
Ride date/time: August 6 @ 9:30 AM
Rain date: August 7
Departure location: Zinner Home (8112 Sea Water Path, Columbia). Easy parking, bathroom and air available.
Description: This is a 29.5-mile railroad themed ride. We're on the street to New Cut Rd, then we zoom down to the Ellicott City Train Station Museum. We do the 15-minute tour, then back on our bikes to River Rd and a great view of a train tunnel. Down the Grist Mill path and then to the ranger station where we look at the engineering marvel of the Thomas Viaduct railroad bridge. (highly recommend watching the video using this link. Wind our way to the MD DOT building where we visit the Stony Run Train Station ticket booth and then ride on the elevated wooden platform to the BWI train station. From there we work our way back with a short 1-mile detour to see the Dorsey Marc train station. This is a longer ride, but we'll go slow with frequent stops. Average ride speed of 10-12 mph.
Cue sheet: https://ridewithgps.com/routes/55683502
Ride Leader: David Zinner, 410-733-3700

Advanced Ride
Ride date/time: August 6 @ 9:00 AM
Departure location: Blandair Park West parking lot – across Oakland Mills from East Lacrosse/baseball fields (5750 Oakland Mills Rd. Columbia). We'll meet in the corner of the Blandair West Parking lot near the bathrooms.
Description: This is an advanced ride of 22.8 miles on quiet, low traffic, Columbia roads. There is a short path we will use to connect Oakland Mills to Thunder Hill (uses a tunnel under 175). A total of about 1,000 feet of climb with minor short hills. We will have several regrouping stops. The ride utilizes Oakland Mills bike lane and connects to Thunder Hill leading to Meadowbrook Athletic Club. There are a number of loops in this route. Average ride speed of 13-15 mph.
Cue sheet: https://ridewithgps.com/routes/56273089
Ride Leader: Bob Leker, 919-302-3487

Casual Ride
Ride date/time: August 11 @ 9:30 AM
Departure location: Owen Brown Village Center (7180 Cradlerock Way)
Description: A 10-mile ride mostly on Columbia paths with +/- 511 in elevation. We will first ride through the Villages of Stevens Forest and Talbot Springs, turning north we will go under Rouse Parkway, arriving in Phelps Luck at the northern end of the loop, and then head south under Rouse Parkway a second time, past Sewells Orchard, proceed around Lake Elkhorn, then ending at our point of departure in Owen Brown Village Center. Average ride speed between 10 – 12 mph.
Cue sheet: https://ridewithgps.com/routes/43632312
Ride Leader: Irving Pritchett, 443-889-0955

Moderate Ride
Ride date/time: August 13 @ 10:00 AM
Departure location: Marley Station Mall (7900 Ritchie Hwy. Glen Burnie). Park on the JCPenney side of the mall near the B&A trail access.
Description: B&A to East West Blvd to Kinder Farm Park to Ranger Station for regroup, then to the Big Bean. Riders may choose to ride to trails end on their own. 15 miles with an average ride speed of 10-12 mpg
Cue sheet: https://ridewithgps.com/routes/46358814
Ride Leader: Joe Horvath, 410-707-9477

Advanced Ride RIDE CANCELLED
Ride date/time: August 13 @ 9:30 AM
Departure location: Davidsonville Park (3042 Patuxent River Rd, Davidsonville, MD 21035)
Description: This is a 22.6-mile ride around the Davidsonville area. It is mostly quite roads with some hills - total elevation gain under 1000 ft. We will do a regroup at around the 14-mile point and other regroups will be done as needed. Please let the ride leader know by 5 PM, 08/12/2026 if you will be riding. Email is rgmadonna.phd@gmail.com. Average ride speed of 12-15 mph.
Cue sheet: https://ridewithgps.com/routes/56346125
Ride Leader: Richard Madonna, 443-896-8371

Casual Ride
Ride date/time: August 18 @ 9:00 AM
Rain date: August 21
Departure location: Meet at the Patuxent Branch Trail Parking 9190 Old Guilford Road Columbia (next to Willis J. Carter Truss bridge). Small parking lot but plenty of parking along the stream next to the large rocks. Port-o-pot at ride start, no restrooms at Jackson Pond.
Description: A mostly shady, moderately uphill ride along the Patuxent Branch trail and Columbia trails starting at the Willis Carter Truss bridge that tracks along local streams to Jackson Pond. Both road and trail/comfort bikes work well. A few very short, slightly steeper hills along the way to wake you up! The trip back from Jackson Pond is a mostly downhill ride along the beautifully shaded, winding pathway. One of our all-time favorite rides! 12.1-mile ride with an average ride speed of 10-14 mph.
Cue sheet: https://ridewithgps.com/routes/47435800
Ride Leader: Loretta Duff, 301-440-4944

Moderate Ride
Ride date/time: August 20 @ 9:30 AM
Rain date: August 21
Departure location: Ellicott City 50+ Center (9411 Frederick Rd). Park near the access to the trail in back. Old 50+ center building should be open for bathrooms.
Description: Watching for potholes and other hazards, we use the Senior Center's access to Miller's Grant community to get onto a sidewalk. Once in the Dunloggin community, we quickly find our most challenging hills of the ride. The ride loops through beautiful community roads, which connect using busier roads. This ride is a mashup of two rides, going through the Dunloggin, Preserve, and Dorsey Hall neighborhoods. Stops will be at least 5 minutes to rest and regroup. Anyone needing a longer stop should advise the ride leader. 16.4-miles with a ride speed of 10 mph.
Cue sheet: https://ridewithgps.com/routes/48120856
Ride Leader: Marlene West, 410-733-8786

Advanced Ride RIDE CANCELLED DUE TO RAIN
Ride date/time: August 20 @ 10:00 AM
Departure location: Ten Oaks Tavern (3900 Ten Oaks Rd. Glenelg MD 21737). Park on the side of Ten Oaks Tavern along Triadelphia Road. Restrooms are available at the Highs across the street.
Description: Moderately hilly 22.9-mile ride in and around the Glenelg neighborhoods with lots of downhills. Average ride speed of 12-15 mpg
Cue sheet: https://ridewithgps.com/routes/56308971
Ride Leader: Pat Payne, 410-978-2979

Casual/Moderate Ride
Ride date/time: August 25 @ 10:00 AM
Rain date: August 28
Departure location: Peninsula Park (PAL Park) Annapolis, MD (1025 Bay Ridge Road Annapolis MD 21403). Port-a-pots at new adjacent parking area.
Description: Join us for a truly beautiful, TAKE OUR TIME (9-12mph) 14-mile ride along the sparkling Bay and out to Thomas Point. Both locations offer spectacular open-water views featuring the Bay Bridge, sailing yachts, Thomas Point Lighthouse and marinas (Lots of stops)! We initially bike along single lane lightly-moderately traveled roads from Peninsula Park before ending up on quiet bay-front neighborhood roads. We then return to Peninsula Park (6 mi) before heading out to Thomas Point (for an additional 8 mi round trip). Average ride speed of 9 – 12 mph. Make note: Thomas Point Park Road is 100 yds of unmaintained, cratered, packed gravel requiring slow attentive riding. Picnic tables and Port-A-Potties are available. Thomas Point may have biting flies so it's a good idea to spray yourself before that part of the trip. Optional LUNCH afterwards at Bread and Butter Kitchen, 303 Second St A, Annapolis, MD 21403 (Eastport) (street parking, bring locks)
https://breadandbutterkitchen.com
Cue sheet: https://ridewithgps.com/routes/52395574
Ride Leader: Richard Duff, 301-440-4943

Moderate/Advanced Ride
Ride date/time: August 27 @ 9:00 AM
Rain date: August 28
Departure location: Ten Oaks Tavern (3900 Ten Oaks Rd. Glenelg). Park near Ten Oaks Tavern. There are restrooms across the street at High's Gas Station.
Description: Moderately hilly 21-miler with 1,200 feet of climbing, maximum of 5%. Mostly rolling country roads, minimal traffic on most parts. Average ride speed of ~13 mph.
Cue sheet: https://ridewithgps.com/routes/56477724
Ride Leader: Phil Webster, 410-925-1131

Advanced Ride
Ride date/time: August 27 @ 8:30 AM
Departure location: Blandair West Lot (5750 Oakland Mills Rd. Columbia MD. We'll meet at the old Blandair West lot, not the new Blandair B lot at the new skate park. We'll gather near the restrooms at the older Blandair West lot.
Description: This is 22-mile road ride at the advanced level. You should be comfortable at a moving speed averaging 13-15 mph. There is 1000 feet of elevation with mild hills. This route utilizes the Oakland Mills bike lane and does loop through Sewell and Malindy neighborhoods before heading north to Sohap. We use the path/tunnel under 175 and connect to Thunderhills road making our way across 108 to the Columbia Hills neighborhood and out to the Meadowbrook playground, just past Meadowbrook athletic facility. We'll do a loop out at Columbia Hills/ Meadowbrook before heading back to Oakland Mills to finish the ride.
Cue sheet: https://ridewithgps.com/routes/56273089
Ride Leader: Bob Leker, 919-302-3487

September Ride Details

Casual Ride
Ride date/time: September 1 @ 10:00 AM
Rain date: September 4
Departure location: Lake Artemesia Parking lot (8200 55th Avenue Berwyn Heights, MD) intersection of 55th Ave & Berwyn Heights Road. If visitor parking lot is full, additional parking 300 ft down the street at Berwyn Heights Sports Park parking lot. We'll stop at restroom 1/2 mile into ride and also at Bladensburg Dockntersection of 55th Ave & Berwyn Heights Road Parking Lot (8200 55th Ave. Berwyn Heights, MD)
Description: Mostly flat 11 mile very scenic ride, looping around the College Park airport runway, including a beautifully shaded scenic park, on paved trails paralleling the Northeast Branch of the Anacostia River from Lake Artemesia to the Bladensburg dock where during the Revolutionary War the British invaded Bladensburg. Alternating shady and sunny- a lovely ride! Relaxed pace of 10-12 mph. Option for lunch afterward Sarku Japan 10280 Baltimore Ave Suite A, College Park, MD 20740. Average ride speed of 10 – 12 mph.
Cue sheet: https://ridewithgps.com/routes/47069674
Ride Leader: Richard Duff, 301-440-4943

Casual/Moderate Ride
Ride date/time: September 3 @ 9:30 AM
Rain date: September 4
Departure location: Historic Oakland Manor (5430 Vantage Point Rd, Columbia, 21044). Park at lower area of parking lot. Restroom on lower right side of building
Description: Start at Historic Oakland Manor 5430 Vantage Point Rd, Around Wilde Lake, 13 miles, 830 ft elevation gain. Rest room facilities at start of ride. Ride is mostly on paths; there is a long uphill route from Wilde Lake to Harpers Choice. We will stop in Bryant Woods to look at the Bleak House* playground, built around an 1850's house. Ride continues into Swansfield and then a lovely ride into the Middle Patuxent River Valley, where there are some steep down and up hills. Then ride to Cedar Lane Park, with a short ride on Rt 108 on a wide shoulder to Eliots Oak Rd, continuing back onto a nice downhill on paths thru Longfellow and back around Wilde Lake to the start. Average ride speed of 8-10 mph.
Cue sheet: https://ridewithgps.com/routes/52638757
Ride Leader: Jeff Friedhoffer, 410-218-1416

Advanced Ride
Ride date/time: September 3 @ 9:30 AM
Departure location: Glenwood 50+ Center (400 MD-97, Cooksville, MD 21723). Please park in the side lot to the left of the center.
Description: As we get later into the season, our advanced rides will gradually get a little longer and/or include more hills. This week, we're going a little farther! The route is 26 miles, compared with the 22 miles we've been riding recently. Elevation is still around 1500 feet. We'll be riding on low-traffic country roads, although many of the roads do not have shoulders. We'll regroup only two or three times during the ride, so riders should be comfortable maintaining a steady pace and staying with the group. Based on our previous advanced rides, the main group will average around 14 mph.
Cue sheet: https://ridewithgps.com/routes/56893120
Ride Leader: Mark Raginsky, 410-271-7490

Casual/Moderate Ride
Ride date/time: September 8 @ 9:30 AM
Rain date: September 11
Departure location: Owen Brown Village Center (7180 Cradlerock Way). Park near the Owen Brown Interfaith Center
Description: A 10-mile ride mostly on Columbia paths with +/- 511 in elevation. We will first ride through the Villages of Stevens Forest and Talbot Springs, turning north we will go under Rouse Parkway, arriving in Phelps Luck at the northern end of the loop, and then head south under Rouse Parkway a second time, past Sewells Orchard, proceed around Lake Elkhorn, then ending at our point of departure in Owen Brown Village Center. Average ride speed between 10 – 12 mph.
Cue sheet: https://ridewithgps.com/routes/43632312
Ride Leader: Jeffrey Blanchette, 410-948-8300

Moderate/Advanced Ride
Ride date/time: September 10 @ 10:00 AM
Departure location: Start of South Island Trail (110 Marine Academy Dr, Stevensville, MD 21666). Park in the overflow lot. Bathrooms are available.
Description: Mostly flat paved trail and residential back roads, water views of the bay. See if you can spot airplanes in garages! 25 miles with option to skip an 8-mile round trip section. Average ride speed of 10-12 mph.
Cue sheet: https://ridewithgps.com/routes/56244943
Ride Leader: Peter Chin, 410-531-3134

Advanced Ride
Ride date/time: September 10
Details Coming Soon

Casual/Moderate Ride
Ride date/time: September 15 @ 9:30 AM
Departure location: Café Columbia Parking Lot (5550 Sterrett Pl, Suite 103, Columbia, MD 21044). As you pull into the parking lot, head to the right and park along the treeline.
Description: A 12.2-mile ride from Lake Kitt to Lake Elkhorn and return. The route with be primarily on bicycle paths with some segments on streets in quiet neighborhoods. Elevation gain is 503 feet. We'll go at a leisurely pace with a few stops for regrouping and water breaks. Average ride speed of 8-10 mph.
Cue sheet: https://ridewithgps.com/routes/56718335
Ride Leader: Kevin Grady, 240-517-9854

Moderate or Moderate/Advanced Ride
Ride date/time: September 17
Details Coming Soon
Ride Leader: Pat Piet, 410-207-2320

Advanced Ride
Ride date/time: September 17
Details Coming Soon

Casual/Moderate Ride
Ride date/time: September 22 @ 10:00 AM
Departure location: Owen Brown Village Center Parking Lot. Park behind the Giant. (7200m Cradlerock Way. Columbia, MD)
Description: This 12.5-mile ride is primarily on Columbia paths and residential streets. The route goes around Lake Elkhorn, up the Elkhorn Branch Trail, through and around Blandair Park, down to Lake Kitt and return to the start thru paths in Oakland Mills and Owen Brown. There will be regrouping as required particularly at the top of hills and major turns. A stop with restroom available at Blandair ~4 miles into the ride. Elevation gain is 575 ft. Average ride speed between 8-10 mph.
Cue sheet: https://ridewithgps.com/routes/56893649
Ride Leader: Jean Grady, 202-302-7534

Moderate or Moderate/Advanced Ride
Ride date/time: September 24
Details Coming Soon

Moderate/Advanced Ride
Ride date/time: September 24 @ 10:30 AM
Rain date: September 25
Departure location: North Easton Sports Complex (1078 North Washington Street, Easton, MD 21601). Park immediately on the left after entering park. Restrooms available
Description: This is a mostly flat ride, about 10 ft/mile of elevation gain, through Easton via a Rail-to-trails bike path and a short hop on Idelwild Ave. We transition to the Oxford road which takes us into Oxford and down to the ferry. We take the ferry across the river to Bellevue (Ferry costs $10/cyclist. Tickets available on line at https://www.oxfordferry.com). We use quite local roads to get to St. Michaels Road. This is a busy road with wide shoulder that accommodate cyclists. We cross St. Michaels Rd. at Union Bridge Road and then turn onto Glebe Rd. That takes us to Goldboroughs Neck Rd. leading to Longwood Rd (Rt. 662). We go past the Airport, cross the Easton Parkway and return to the start. 29.5 miles with an average ride speed of 12-15 mph (wind dependent) ***Please let the ride leader know by 5 PM on Wednesday, Sept. 23rd if you plan to ride.**
Cue sheet: https://ridewithgps.com/routes/56749193
Ride Leader: Richard Madonna, 443-896-8371

Casual Ride
Ride date/time: September 29 @ 9:30 AM
Departure location: Lake Elkhorn Dock (7200 Dockside Lane). This ride to Savage uses the new detour built to respond to the failure of the Pax Branch Trail in its original alignment. To make it special, we'll be stopping for coffee Savage at the French bakery in the Mill.
Description: Since the Pax Branch can get muddy after rain, it's best ridden with wider-tire bikes, such as hybrids. Also: there's a big climb just after the trail, heading toward Savage. There are restrooms at the Mill but not at the ride's start. Most of the ride will be pathways, with about a third of it on low-traffic streets. 10.9 miles with an average ride speed of 10-12 mph.
Cue sheet: https://ridewithgps.com/routes/56867024
Ride Leader: Ed Warner, 240-646-2786

October Ride Details

Moderate or Moderate/Advanced Ride
Ride date/time: October 1
Details Coming Soon
Ride Leader: David Zinner, 410-733-3700

Advanced Ride
Ride date/time: October 1
Details Coming Soon

Moderate Ride
Ride date/time: October 6 @ 9:30 AM
Rain date: October 9
Departure location: Historic Oakland Manor (5430 Vantage Point Rd, Columbia, 21044). Park in lower part of lot, restrooms on lower side of building to right
Description: C2H MOD Oakland Manor to Pratt Truss Bridge* over Little Patuxent. Start at Historic Oakland Manor, Around Wilde Lake, 15 miles, 600 ft elevation gain. Rest room facilities at start of ride. The ride is mostly on paths. At the end of Lake Kitt is a bridge across Rt 29, take a long uphill route to Oakland Mills. We continue past Blandair Park riding in the woods along a stream to Lake Elkhorn. At the end of the lake, we continue onto the Patuxent Branch trail (PBT), to the Pratt Truss Bridge over the Little Patuxent River. Take a break returning on the PBT to Lake Elkhorn. Continue around Lake Elkhorn Clockwise, to the Owen Brown Village Center, then via pathways to Oakland Mills. Returning about Lake Kitt Clockwise, back to the start. Average ride speed of 8-10 mph
Cue sheet: https://ridewithgps.com/routes/56685933
Ride Leader: Jeff Friedhoffer, 410-218-1416

Moderate or Moderate/Advanced Ride
Ride date/time: October 8
Details Coming Soon

Advanced Ride
Ride date/time: October 8
Details Coming Soon

Casual or Casual/Moderate Ride
Ride date/time: October 13
Details Coming Soon

Moderate or Moderate/Advanced Ride
Ride date/time: October 15
Details Coming Soon

Advanced Ride
Ride date/time: October 15
Details Coming Soon

Casual or Casual/Moderate Ride
Ride date/time: October 20
Details Coming Soon
Ride Leader: Ruth Auerbach, 410-717-8151

Moderate or Moderate/Advanced Ride
Ride date/time: October 22
Details Coming Soon

If you need this document in an alternate format, call (410) 313-1234 (voice/relay). If you need accommodations to participate, please call at least one week in advance.

Advanced Ride
Ride date/time: October 22
Details Coming Soon

Casual or Casual/Moderate Ride
Ride date/time: October 27
Details Coming Soon

Moderate/Advanced Ride
Ride date/time: October 29 @ 9:30 AM
Departure location: Zinner Home (8112 Sea Water Path, Columbia)
Description: October 29, 2026, last C2H ride for the season and the last day of 2026 Midterm Early Voting, we'll ride 19 miles to visit 3 early voting sites. We'll wait for you if you plan to vote early. Some hills - 1000 feet of climbing. Average ride speed of 10-12 mph.
Cue sheet: https://ridewithgps.com/routes/56276996
Ride Leader: David Zinner, 410-733-3700

Advanced Ride
Ride date/time: October 29
Details Coming Soon

If you need this document in an alternate format, call (410) 313-1234 (voice/relay). If you need accommodations to participate, please call at least one week in advance.