

This specialized, fee-for-service program is specifically designed to maintain independence, enhance memory and improve the overall health of participants.



CONNECTIONS

Social Day Program of Howard County

Therapeutic Social Day Program for Adults Age 18 and Over

ENROLL YOUR LOVED ONE TODAY!

Ellicott City 50+ Center

9401 Frederick Road, Ellicott City 21042

Monday thru Friday: 10:00 AM to 2:00 PM

CONNECTIONS.

Where adults who need guidance and supervision can stay active, have fun, and remain connected to the community.

PROGRAM INCLUDES

- Daily Seated Exercise
- Memory Enhancement
- Intergenerational Programs
- Life Review Activities
- Trips and Outings
- Music and Dance
- Cards and Games
- Creative Arts and more!

Felicia Stein, PROGRAM DIRECTOR

PHONE 410-313-1425 (VOICE/RELAY)

EMAIL fstein@howardcountymd.gov

If you need this information in an alternate format or need accommodations to attend, contact Maryland Access Point of Howard County (MAP) at map@howardcountymd.gov or 410-313-1234 (VOICE/RELAY).

**Howard County**
Office on Aging and Independence
www.howardcountymd.gov/aging