



Doors open at 9 a.m.,
Conference concludes at 3:30 p.m.

THE PILLARS OF BRAIN HEALTH



2025 Caregiver Conference

November 14, 2025
East Columbia 50+ Center
6610 Cradlerock Way
Columbia, 21045



**With Keynote Address by
Dr. William Mansbach, PhD.**

*"Improving your Brain Health: Practical and Tested
Strategies, Activities, and Resources"*

\$15/person. Scan the QR code or visit
bit.ly/HoCo-CaregiverConference25 to register.

FOR ADDITIONAL INFORMATION, CONTACT KATHY WEHR
AT KWEHR@HOWARDCOUNTYMD.GOV

If you need this information in an alternate format, or need accommodations to participate, please contact
Maryland Access Point (MAP) at 410-313-1234 (VOICE/RELAY) or map@howardcountymd.gov.