

Howard County Office of Children and Families

Training Calendar



- ▶ Registration and payment are required in advance for all classes
- ▶ Save 10% when you register online at www.howardcountymd.gov/training
- ▶ To register by phone or for additional information, call 410-313-1442



SEPT • OCT • NOV • DEC 2019

Workshops are held at the Office of Children and Families
9830 Patuxent Woods Drive, Columbia, MD 21046, unless otherwise noted.

SEPTEMBER

Making Families Welcome: Positive Partnerships with Families

Mon., Sept. 9 / 6:30 - 9:30 PM / \$30

S. Burke / 3 COM

This course provides child care providers with the tools for understanding positive partnerships with parents, guardians, and family members. It is designed to help providers select a variety of ways for families to be represented in their classrooms so that the children feel comfortable and to stay connected to their families and community while they are in the child care setting.

Using Literacy Skills Throughout the Day

Mon., Sept. 9 / 6:30 - 9:30 PM / \$30

S. Peyser / 2 CUR 1 CD

Examine the foundation on which literacy skills are built and learn how to nurture literacy throughout the day. Work with other participants to explore rhyming word games, letter formation, letter identification, and more!

Positive Words For Positive Actions

Thurs., Sept. 12 / 6:30 - 9:30 PM / \$30

R. Gordon / 3 CD

Learn how to make your child care environment more positive. Using positive language when talking to children gives them an understanding of the expectations we have. Learn how easy it is to reword your directions and other guidance techniques you can use in your child care.

Working With Mixed Aged Groups

Thurs., Sept. 12 / 6:30 - 9:30 PM / \$30

J. Johnson / 2 CD 1 CUR

Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child

Infant/Child/ Adult CPR and First Aid

Wed., Sept. 18 / 6:00 - 9:30 PM / \$90

1st. Alert CPR Training

Approved for child care training by the American Safety and Health Institute. Valid for 2 years.

Mindfulness and Yoga for Young Children and Adults

Wed., Sept. 18 / 6:30 - 9:30 PM / \$30

J. Lentz / 2 CD 1 PRO

Studies have proven that regular mindfulness practice significantly reduces anxiety and stress while improving memory, learning and behavior. Participants will learn strategies to create mindful experiences for themselves and their early childhood programs. Participants are encouraged to dress comfortably to participate fully in activities such as stretches and relaxation techniques.

Scientific Minds: Inquiry Based Science

Tues., Sept. 24 / 6:30 - 9:30 PM / \$30

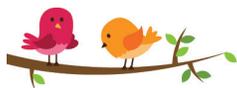
L. Moran / 3CUR

This course focuses on the teacher's role to introduce children's science learning, exploration and the process of constructing, understanding and developing ideas of their natural world through work and play. It emphasizes the skills that children use and develop: working with one another, basic large and small-motor control, language and early mathematical understanding -inclusive for all early science learners.

CORE OF KNOWLEDGE KEY

Each training workshop listing indicates the approved Core of Knowledge area(s), which identifies specific topics of interest you may need to achieve or maintain levels within the Maryland Child Care Credential program. The Core areas are abbreviated as:

CD: Child Development COM: Community
CUR: Curriculum HSN: Health, Safety, Nutrition
PRO: Professionalism SN: Special Needs



Training Calendar



Medication Administration

Tues., Sept. 24 / 9:00 AM - 3:30 PM / \$60

M. Conway / 6 hrs HSN

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled and emergency medicines to infants and children; how to keep accurate records, regulations for hygiene, safety and measurement. Bring your own lunch.

Project Security Blanket

Tues., Sept. 24, Oct. 1 / 6:30 - 9:30 PM / \$15

J. Johnson / 3 HSN 3 PRO

This six hour workshop meets the OCC requirements for Emergency Preparedness training. Participants will complete an approved emergency preparedness plan in the workshop. * Grant Funded- no online discount. *

2019 Early Care and Education Conference

Closing the Achievement Gap: Helping All Children Learn

Children Learn

Sat., Sept. 28 / 7:30 AM to 4:00 PM / \$90 / 6 SN

Turf Valley Resort

Join us for a day of awareness and education on the life altering obstacles many of our families and programs face. With a variety of expert presenters, we will break down the walls on bias, special needs, under-resourced and dual language learners while providing strategies to close the achievement gap to help ALL children learn and succeed. **Early Registration Pricing Ends Aug. 16

Launch Into Learning Series

Tues., Oct. 1 - Nov. 19 / 6:30 PM - 8:30 PM / \$70

HCPSS Staff / 7 CUR, 7 CD

Altholoton Elementary School

5940 Waterloo Rd, Columbia, MD 21045

Launch Into Learning School Readiness Series is a training partnership between Howard County Public Schools (HCPSS) and the Howard County Office of Children and Families (OCF). The Launch Into Learning School Readiness Series, facilitated by HCPSS staff, focuses on kindergarten readiness and how early care and education professionals can support families with young children ages 3-5. Each session takes an in-depth look at a specific learning domain which is aligned with current Maryland standards to ensure your program supports children in all areas of development. Participants will learn how to enhance their program by using effective strategies, activities and resources to support children and their families. Participants must attend all 7 sessions to receive a series completion certificate. Cost includes materials.

Including All Children and the ADA

Mon., Oct. 7 / 6:30 - 9:30 PM / \$30

L. Harris / 3 hrs SN

Including all children in your child care program can be challenging if you don't understand what you are required to do. Come explore the requirements of ADA for early care programs, examine best inclusionary practices and learn about resources which can support you and your families.

OCTOBER

Basic Health & Safety Training

Tues., Oct. 1 / 6:30 - 9:30 PM / \$30

J. Lentz / 3 hrs HSN

This training provides basic information about critical health and safety topics for all child care providers to meet the requirement of the licensing regulation. Key topics include: establishing and maintaining safe and healthy environments, teaching safe practices to prevent and reduce injuries, identification and reporting of abuse or neglect and proper sanitation practices and procedures. Completion of this training does not meet regulatory requirements for specified training in Medication Administration, Emergency and Disaster Preparedness, CPR or First Aid.

Inclement Weather Cancellations

The Howard County Office of Children and Families follows the Howard Community College (HCC) inclement weather policy

To receive immediate cancellation notifications, sign up for HCC Mobile Alerts at www.howardcc.edu

Updates are also available at 410-313-1442

www.howardcountymd.gov/children



Training Calendar

But He Hit Me First

Mon., Oct. 7 / 6:30 - 9:30 PM / \$30

C. Bethke / 3 CD

Discipline is a learned process of self-control. Our attitudes in early childhood programs impact that process. Social emotional skills are developed through guidance.

Infant/Child and Adult CPR/AED and First Aid

Sat., Oct. 12 / 9:00 AM - 12:30 PM / \$90

1st Alert CPR Training

Certified by the American Safety and Health Institute and valid for two years. Approved for child care licensing.



Medication Administration

Sat., Oct. 12 / 9:00 AM - 3:30 PM / \$60

M. Conway / 6 hrs HSN

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled and emergency medicines to infants and children; how to keep accurate records; regulations for hygiene, safety and measurement. Bring your own lunch.

Infuse Stem Into Your Program

Sat., Oct. 12 / 9:00 AM - 11:00 AM / \$20

D. Tobin / 2 CUR

Participants will discover how to become more intentional about what they are doing. They will discuss indicators of effective curriculum and learn simple guidelines for infusing STEM in their child care program.

It's the Questions Not the Answers

Sat., Oct. 12 / 11:30 AM - 1:30 PM / \$20

D. Tobin / 2 CUR

Participants will learn how to encourage Science, Technology, Engineering and Math while fostering children's innate curiosity by using the Inquiry Teaching Model. Providers will reflect on what they are already doing and how they can increase their language and ability to support children with STEM learning.

Infant and Toddler STEM

Sat., Oct. 12 / 2:00 PM - 4:00 PM / \$20

D. Tobin / 2 CUR

From birth children are inquisitive. You can nurture early science, technology, engineering and math (STEM) concepts and skills through daily routines and play and exploration activities that you provide for the babies and children in your program. By talking, reading, singing, playing, signing, or using other ways to communicate you can help them purposefully develop STEM skills.

CPR and First Aid Re-Certification

Sat., Oct. 12 / 1:30 PM - 4:30 PM / \$90

1st Alert CPR Training

If your First Aid and CPR certifications are current and unexpired, you may attend this brief re-certification course. This workshop will review and test skills for both First Aid and Infant/Child and Adult CPR and is valid for two years. Certification Only

Talk With Me Howard County

Tues., Oct. 15 / 6:30 PM - 8:30 PM / \$5

B. Bricker / 2 COM

Gain a greater understanding of the powerful brain-building that occurs during early interactions and develop simple activities for putting these interactions into your daily routines. Learn how to share these important strategies with families so that every child can develop a broad foundation in communication, cognitive, and social-emotional skills. Talk With Me is a partner initiative of the Howard County Public School System.

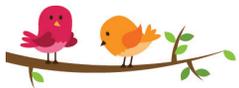
No online discount

Supporting Breastfeeding in Child Care

Tues., Oct. 15 / 6:30 PM - 7:00 PM / \$5

J. Johnson / .5 hrs Continued Training

This session meets the training requirement for the MSDE regulation regarding supporting breastfeeding in child care. Participants will receive ideas to welcome breastfeeding families and resources to support nursing mothers and their babies. *No online discount*



Training Calendar

SIDS, SIUD and Other Sleep-Related Infant Deaths

Tues., Oct. 15 / 7:00 PM - 9:00 PM / \$20

J. Johnson / 2 HSN

This session meets the training requirement for the MSDE regulation regarding supporting breastfeeding in child care. Participants will receive ideas to welcome breastfeeding families and resources to support nursing mothers and their babies.

STEAM File Folder Games: Math & Science for Early Childhood

Mon., Oct. 21 / 6:30 - 9:30 PM / \$30

H. Andrews / 3 CUR

This course is designed for child care providers who work with preschool children, 3-5 years. Topics and activities will focus on math and science skills, building a STEAM rich environment, lesson planning and the creation of math and science materials for the classroom environment.

Taking Good Care of You

Mon., Oct. 21 / 6:30 - 9:30 PM / \$30

S. Burke / 3 HSN

This workshop will increase awareness of the need for caregivers to take care of themselves. Without good self-care, there may come a point when we have nothing left to give. Participants will learn the signs of burnout, brainstorm ideas on how to avoid burnout, examine the importance of staying healthy, discover resources, discuss the need to not control everything in life. Participants will create a personal action plan for self-care.

NOVEMBER

Infant/Child and Adult CPR/AED and First Aid

Mon., Nov. 4 / 6:00 PM - 9:30 PM / \$90

1st Alert CPR

Certified by the American Safety and Health Institute and valid for two years. Approved for child care licensing.

Social Studies All Around Me

Mon., Nov. 4 / 6:30 - 9:30 PM / \$30

R. Gordon / 3 CUR

During this training, providers will recognize that Social Studies concepts and activities are all around them for use in daily learning. Participants will learn how to teach civics, history, geography, and economics on the preschool and school age levels in a developmentally appropriate way.

Little Boy Blues

Wed., Nov. 13 / 6:30 - 9:30 PM / \$30

R. Gordon / 2 CD 1 CUR

This training reviews current statistics on the struggles boys are experiencing in the United States and recent research on why boys are not doing as well as girls. Participants will be given a review of current research on gender differences in development of boys, cultural expectations and the impact of the academic focus of preschool and child care programs. In addition, strategies to address the findings are also presented.

Circle Time: You Can Make It Developmentally Appropriate

Wed., Nov. 13 / 6:30 - 9:30 PM / \$30

T. Wilks / 3 CUR

Are you tired of the same boring circle time routines, calendar, weather, etc? In this interactive session, you will walk away with 3 concrete success strategies to ensure your circle time is more than just a routine experience but an engaging and learning opportunity! You'll learn how to support all domains while involving children in a way that promotes their individual developmental needs.

Medication Administration

Mon., Nov. 18 / 9:00 AM - 3:30 PM / \$60

C. Fleming / 6 HSN

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled and emergency medicines to infants and children; how to keep accurate records; regulations for hygiene, safety and measurement. Bring your own lunch.



Training Calendar

Introduction to Sign Language

Tues., Nov. 19 / 6:30 - 9:30 PM / \$30

L. Harris / 3 SN

Help increase communication with infants, toddlers and preschoolers in your classroom through the use of sign language. Basic signs for feelings, objects, and simple phrases will be presented. This workshop also includes an introduction to the deaf culture and community.

Make Time Happen: Time Management Tips

Tues., Nov. 19 / 6:30 - 9:30 PM / \$30

S. Burke / 3 PRO

This course is designed to teach child care providers how to make the most effective use of the time and how to help handle the time that they cannot control. Topics include how to manage time appropriately through work, rest and play.

DECEMBER

Infant/Child and Adult CPR/AED Certification

Sat., Dec. 7 / 9:00 AM - 1:00 PM / \$90

1st Alert CPR

Certified by the American Safety and Health Institute and valid for two years. Approved for child care licensing.

Medication Administration

Sat., Dec. 7 / 9:00 AM - 3:30 PM / \$60

C. Kemp / 6 hrs HSN

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled and emergency medicines to infants and children; how to keep accurate records; regulations for hygiene, safety and measurement. Bring your own lunch

Why Do Toddlers Bite?

Sat., Dec. 7 / 9:00 AM - 11:00 AM / \$20

L. Moran / 2 CD

Why do toddlers bite and how can you control it? Participants will learn how to approach, problem solve and develop strategies for biting in the classroom. Participants will also learn how to communicate with parents during biting situations.

Stranger Danger

Sat., Dec. 7 / 11:30 AM - 1:30 PM / \$20

L. Moran / 2 HSN

This workshop will focus on teaching children about personal safety and the many ways strangers access children: outside, at home and online. It will also delve into tips and skills to keep children safe from strangers.

Multiple Intelligences: Discovering Gifts & Empowering Children

Sat., Dec. 7 / 1:30 - 3:30 PM / \$20

L. Moran / 1 CUR 1 SN

This training introduces participants to the theory of Multiple Intelligences and innovative teaching ideas which will assist in making their classroom an enhanced learning environment for children of all abilities. Participants will identify unique learning strengths and how to apply practical strategies to promote inclusive and empowering learning opportunities for all.

CPR and First Aid Re-Certification

Sat., Dec. 7 / 1:30 - 4:30 PM / \$90

1st Alert CPR

If your First Aid and CPR certifications are current and unexpired, you may attend this brief re-certification course. This workshop will review and test skills for both First Aid and Infant/Child and Adult CPR and is valid for two years. Certification Only.

Developmental Delays

Mon., Dec. 9 / 6:30 - 8:30 PM / \$20

L. Moran / 2 SN

This workshop will teach child care providers the basics of Developmental Delays in children. Participants will learn the fundamental cause, recognition, diagnosis, and strategies for developmental delays such as Autism, Intellectual Disabilities, Speech and Language delays and more.

Coloring Outside the Lines

Mon., Dec. 9 / 6:30 PM - 8:30 PM / \$20

S. Gold Raynes / 2 CUR

In this hands on workshop participants will learn ways to implement developmentally appropriate open ended art activities into their program. Strategies to modify activities for all types of learners, different types of programs, and different age groups will be addressed.

Workshop Registration and Participation Guidelines



REGISTRATION is on a first-come, first-served basis. Payment is required at the time of registration. All receipts are e-mailed to the address provided at registration. This receipt is your confirmation of registration. Reminder emails are a courtesy and should not be viewed as the sole indication of registration. Pre-registration is required for all workshops. Registration and payment must be received by 4:00 p.m. on the day of the workshop for all weekday workshops (by Friday for weekend workshops). Same-day registrations accepted online until noon and by phone until 4:00 p.m. if space permits. Call 410-313-1442 (voice/relay) to check availability. Walk-ins are not permitted.

PAYMENT TYPES/FEES: You may register online, by phone (credit cards only), by mail or in-person (credit card, check or money order). Credit card charges may appear as ACT*Registration on your statement. There is a \$25 fee for returned checks.

LATE ARRIVALS: Workshops begin at the time stated in the calendar and on your receipt. **Plan to arrive 10-15 minutes early to sign in.** If you arrive after the workshop begins, you will be asked to leave and are not eligible for a certificate, credit or refund.

CERTIFICATES: Certificates will be mailed to participants who attend a workshop within 10 business days. All workshops are open to the public and are approved by the MSDE under training approval number CKO-30733.

CHANGE/CANCELLATION: If you cannot attend a workshop you have registered for, notify us at least 24 hours in advance to receive a credit for future use. Refunds will not be given unless the Howard County Office of Children and Families (OCF) cancels the workshop. If there are circumstances which require you to cancel, call 410-313-1442 and leave a detailed message. Messages must be left on the day of the workshop to be considered, and are handled on a case-by-case basis. OCF reserves the right to change the location or instructor of a workshop. If a workshop is canceled due to weather, instructor illness, etc., participants will be notified by phone by 4:00 p.m. If possible, the workshop will be rescheduled; participants will be notified by phone or email.

REPLACEMENT CERTIFICATES may be requested by emailing ocftraining@howardcountymd.gov or calling 410-313-1442 (voice/relay). There is a \$5 fee per replacement certificate within the past 12 months and \$10 for certificates older than 12 months.

WORKSHOPS DESIGNED FOR ADULTS ONLY
Please make child care arrangements in advance.

This publication was produced as a work for hire for the benefit of, and with funds from, the Maryland State Department of Education.



MARYLAND
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Leading Maryland's
Child Care Resource Centers



MARYLAND STATE DEPARTMENT OF
EDUCATION
PREPARING WORLD CLASS STUDENTS



MARYLAND CHILD CARE
RESOURCE NETWORK

Howard County OCF Training Workshop Registration

NAME _____ BIRTHDATE (MM/DD/YY) _____

MAILING ADDRESS _____

PHONES (H) _____ (W) _____ (C) _____

EMAIL _____

POSITIONTYPE FAMILYCC CENTERSTAFF OWNER/DIRECTOR OTHER: _____

WORKSHOP TITLE	DATE	COST
1) _____	_____	_____
2) _____	_____	_____
3) _____	_____	_____
4) _____	_____	_____

Please indicate if you require any accommodations to attend and our staff will contact you _____

Credit Card No. _____ Exp. Date _____ CVV _____

Name on Card _____

Registration and payment are required in advance for all classes and workshops.

Make Check/Money Order Payable to: Howard County Director of Finance

Mail Form and Total Payment to: Howard County OCF, 9830 Patuxent Woods Drive, Columbia, MD 21046