



**ROGER CARTER**  
COMMUNITY CENTER

# October 26-November 1 Appointment Schedule

**Drop-in by appointment only. Call (410)313-2764 x2 to schedule.  
Review COVID rules and expectations on the back.**

Monday-Friday	Saturday	Sunday	Limitations to Reservations:	
<b>Lap/Beach/Deep</b>			<b>Pool</b>	
6-7am	7-8am	7-8am	<b>Monday</b>	2 Lap Lanes at 4pm, 5:30pm, 7pm
7:30-8:30am	8:30-9:30am	9-10am	<b>Tuesday</b>	2 Lap Lanes at 10:30am and 7pm No Beach at 4pm or 5:30pm No Deep at 4pm, 5:30pm or 8:30pm
9-10am	10-11am	10:30-11:30am	<b>Wednesday</b>	No Beach at 4pm, 5:30pm, 7pm No Deep at 5:30pm, 7pm, 8:30pm
10:30-11:30am	11:30am-12:30pm	12-1pm	<b>Thursday</b>	2 Lap Lanes at 10:30am and 7pm No Beach at 4pm or 5:30pm No Deep at 4pm, 5:30pm or 8:30pm
2:30-3:30pm	5:15-6:15pm	5:45-6:45pm	<b>Friday</b>	No Beach at 4pm, 5:30pm, 7pm No Deep at 5:30pm, 7pm, 8:30pm
4-5pm	6:45-7:45pm	7:15-8:15pm	<b>Saturday</b>	2 Lap Lanes at 10am and 11:30am
5:30-6:30pm	8:15-9:15pm		<b>Sunday</b>	2 Lap Lanes at 7:00am
7-8pm				
8:30-9:30pm				
<b>Open Swim</b>				
12:15-1:45pm	1:15-2:45pm	1:30-3pm		
	3:15-4:45pm	3:30-5pm		
<b>Fitness Room / Gym</b>			<b>Fitness Room / Gym</b>	
6-7:30am	7-8:30am	7-8:30am	<b>Monday</b>	No Gym after 4pm
8-9:30am	9-10:30am	9-10:30am	<b>Tuesday</b>	No Gym after 6pm
10-11:30am	11am-12:30pm	11am-12:30pm	<b>Wednesday</b>	No Gym after 4pm
12-1:30pm	1-2:30pm	1-2:30pm	<b>Thursday</b>	No Gym after 4pm
2-3:30pm	3-4:30pm	3-4:30pm	<b>Friday</b>	No Gym after 4pm
4-5:30pm	5:30-7pm	5-6:30pm	<b>Saturday</b>	
6-7:30pm	7:30-9pm	7-8:30pm	<b>Sunday</b>	No Gym after 1pm
8-9:30pm				

**Need to cancel your appointment?**  
Email [rccc@howardcountymd.gov](mailto:rccc@howardcountymd.gov)  
Include your name and appointment date/time.



**Howard County**  
RECREATION & PARKS

## **Patron Expectations**

Guests that do not meet the expectations will be asked to leave and may forfeit their ability to reserve future appointments until the center is permitted to operate at 100% capacity.

- Please stay home if you have a fever (100.4 or above) or are experiencing symptoms of illness.
- Arrive dressed and ready. Changing areas and storage lockers are closed. The facility is not responsible for personal belongings.
- Bring water. Water fountains are turned off.
- Do not enter the building until 5 minutes prior to your appointment. Please do not congregate by the facility.
- Five minutes before your appointment, please make sure you have a facial covering over your nose and mouth and form a single line (6 feet apart from one another).
- Upon entering the building, you must complete a health screening.
- You may only utilize the area you have an appointment scheduled in. Once you have completed your activity, please exit the facility and do not congregate.
- Adhere to all physical distancing guidelines and posted signage.
- You are required to wear a facial covering at all times except when swimming or performing cardio.
- Practice good personal hygiene (wash hands, cover sneeze/coughs).
- Patrons are limited to 1 appointment per day and 4 appointments per week.

## **Fitness Room**

- Clean fitness equipment before and after use.
- Use one piece of equipment at a time.
- Gymnasium & Walking Track
- No organized play in the gymnasium.
- Bring your own equipment. The center will not provide equipment.

## **Pool**

- Lap swim appointments will be 60-minute blocks, open swim appointments will be 90-minute blocks
- It is not recommended to wear your mask while in the water.
- Shower before entering the pool
- Recommended to bring:
  - a towel, sharing towels is not recommended
  - personal flotation devices (lifeguard approved), kick boards, swim caps, nose plugs, and goggles.