

LOCAL SERVICES

Howard County
Health Department
Bureau of Behavioral Health
Local Behavioral Health Authority
www.hchealth.org/gethelp
410-313-6202

Grassroots Crisis Intervention
24/7 services include the Crisis Hotline, Mobile Crisis Team and walk-in services. Services for substance use are available from 11:00am – 7:00pm, 7 days a week
410-531-6677
www.grassrootscrisis.org

HC DrugFree
Substance misuse prevention
443-325-0040
www.hcdrugfree.org

Howard County Health Department



Leah Bulka

Behavioral Health Navigator

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Bureau of Behavioral Health

8930 Stanford Blvd.

Columbia, MD 21045

Phone: 410-313-6240

Fax: 410-313-6212

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BEHAVIORAL HEALTH NAVIGATION SERVICES



August 2020



Promote. Preserve. Protect.

Bureau of Behavioral Health
8930 Stanford Blvd. Columbia, MD 21045
P: 410.313.6202 • F: 410.313.6212

Monday–Friday from 8:00am to 4:30pm

hchealth.org



8/20



Promote. Preserve. Protect.

OUR SERVICES

Link. Refer. Follow Up.

Searching for services can be a difficult task if you don't know where to begin! With the vast number of behavioral health services in Howard County, navigating through resources may seem overwhelming.

Behavioral Health Navigation Services provides clients, family members and providers with information about the resources available in Howard County. A Behavioral Health Navigator will assist the client, family member or provider to determine which services best meet the client's needs and interests.

A Behavioral Health Navigator will then link the client to community resources and services and will follow-up on the outcome of the referral.

Types of Resources

Behavioral Health Navigation Services provides linkage to the following types of resources in the Howard County area:

- Crisis Response Services
- Mental Health Services
- Substance Use Services
- Case Management Services
- Insurance Eligibility
- Other Services Needed

Why are Behavioral Health Navigation Services important?

Behavioral Health Navigation Services make clients and providers aware of the resources that are available in Howard County.

Navigation services consist of behavioral health screenings, referrals and follow-up with linking agencies. A Behavioral Health Navigator communicates with the client, family members, providers and agencies to speed up the linkage process and lower the number of unnecessary referrals.

Further information and guidance are available for clients or family members who feel lost in the process of identifying resources. Behavioral Health Navigation Services provide a smooth process to obtain the many resources in Howard County.

**THE HEALTH
DEPARTMENT AND
YOU**



 **HOWARD COUNTY
HEALTH DEPARTMENT**

Promote. Preserve. Protect.