

YOUTH SUICIDE PREVENTION

It's OK to Ask.

They might be your
friend, your child,
your student or
your neighbor.
Talking saves lives.

**Learn suicide warning signs and get tips
on how to start a conversation.**

teenhealthmatters.org

**Grassroots Crisis Intervention Center:
24/7 hotline, 410-531-6677**

**Crisis Text Line:
Text HOME to 741741**

