

Howard County Office of Children and Families

Training Calendar



Registration and payment are required in advance for all classes

September • October Virtual 2020



Workshops are held virtually through Webex by the Department of Community Resources and Services' Office of Children and Families, 9830 Patuxent Woods Drive, Columbia, MD 21046, unless otherwise noted.

Online registration only For questions, contact: Jade Benemerito at ebenemerito@howardcountymd.gov

September

Breastfeeding, /SIDS, SUID & Other Sleep-Related Deaths

Tues., Sept. 1 / 6:30 PM - 9:00 PM / \$25

J. Johnson / 2 HSN, .5 Cont. Ed

This session meets the training requirement for the MSDE regulations regarding supporting breastfeeding, SIDS, and other sleep-related infant mortality in child care. Participants will receive ideas and resources to support breastfeeding and preventing or decreasing SIDS-related infant mortality.

Creating a Stress Reducing Environment for Children of All Ages

Wed., Sept. 2 / 6:30 PM - 9:30 PM / \$30

K. Reel / 1 CD 1 CUR 1 HSN

Stressors in children, ages 2 - 12; what the stressors are; how these stressors can be addressed. The purpose of this training is to look at the increasing level of stress found in children ages 2 through 12, and what can be done to help these children cope with their stress and anxiety. The areas that will be presented include: what causes stress, how young children exhibit stress, what techniques child-care providers can use to help lessen that stress, and how to establish collaboration between providers and parents to reduce the impact of stressors on young children.

Math is Fun!

Wed., Sept. 9 / 6:30 PM - 9:30 PM / \$30

J. Lentz / 3 CUR

This course is designed to guide child care providers and teachers in implementing math curricular activities. Topics include helping children learn about math concepts as they explore and discover, looking beyond learning counting and numbers, and developing and extending children's interest in mathematical concepts--inclusive for all early math learners.

Supporting Language and Early Literacy Development

Tues., Sept. 15, Thurs Sept 17 / 6:30 PM - 9:30 PM / \$60

J. Johnson / 6 CUR

This training will provide early care and education professionals with the opportunity to learn different language and literacy strategies and activities to use in their programs. This training is based on the ELA Language domain.

Fostering a Father-Friendly Environment

Tues., Sept. 22 / 6:30 PM - 8:30 PM / \$20

K. Reel / 2 COM

Today's fathers are very involved in their children's lives. Participants will learn ways to help involve fathers in their programs. This workshop includes information regarding the importance of fathers/male role models, father/child activities, parent's rights and the importance of being neutral as a child care provider.

Autism Spectrum Disorder: A Child's Perspective

Tues., Sept. 29 / 6:30 PM - 9:30 PM / \$30

K. Reel / 3 SN

This workshop will explore the world of autism as seen through the eyes of a child with a focus on the range and variance of symptoms as a spectrum disorder.

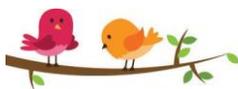
October

Engaging Indoor Activities for Inclement Weather

Thurs., Oct. 1 / 6:30 PM - 9:30 PM / \$30

J. Lentz / 3 CUR

How do you keep children learning and engaged when the weather is bad? This training will review the teachable moments that exist when children cannot go outside; learn how to choose and plan for a variety of indoor classroom activities. Try out some fun large and small group activities!



Training Calendar

Treat Yourself

Mon., Oct. 5 / 6:30 PM - 8:30 PM / \$20

K. Reel / 2 PRO, 1 SN

This training addresses the importance of self-care for teachers and administrators. Through self-reflective, hands-on activities and experiences, teachers will explore and increase their familiarity with best practices in self-care, including breathing techniques, using mantras, getting enough rest, and feeling gratitude. Providers and administrators will create a plan to increase the use of self-care strategies in their program.

Creating Culturally Rich Environments with Loose Parts

Wed., Oct. 7 / 6:30 PM - 9:30 PM / \$30

K. Reel / 3 COM

Young children are naturally curious about the people and places in their world, beginning with their family and local community. Creating an environment filled with loose parts that encourages exploration of their local culture and its people is an important component of early education.

Including All Children and the ADA

Wed., Oct. 14 / 6:30 PM - 9:30 PM / \$30

J. Lentz / 3 SN

Including all children in your child care program can be challenging if you don't understand what you are required to do. Explore the requirements of the Americans with Disabilities Act (ADA) for early care programs, examine best inclusionary practices and learn about resources which can support you and your families.

It's The Questions Not the Answers

Mon., Oct. 19 / 6:30 PM - 8:30 PM / \$20

K. Reel / 2 CUR

Participants will learn how to encourage STEM learning and foster children's innate curiosity by using the Inquiry Teaching Model. Providers will reflect on what they are already doing and how they can increase their language and ability to support children with STEM learning.

Basic Health & Safety Training

Wed., Oct. 21 / 6:30 PM - 9:30 PM / \$30

D. Tobin / 3 HSN

This training provides information about health and safety topics for all child care providers to meet the requirement of the licensing regulation. Key topics include: establishing and maintaining safe and healthy environments, teaching safe practices to prevent and reduce injuries, identification and reporting of abuse or neglect and proper sanitation practices and procedures.

Understanding Attention Deficit Hyperactivity Disorder

Tues., Oct. 27 / 6:30 PM - 9:30 PM / \$30

K. Reel / 3 SN

Participants will gain an understanding of Attention Deficit Hyperactivity Disorder/Attention Deficit Disorder behaviors, diagnosis procedures and strategies for overcoming challenging behaviors from children with ADHD/ADD.

CORE OF KNOWLEDGE KEY

Each training workshop listing indicates the approved Core of Knowledge area(s), which identifies specific topics of interest you may need to achieve or maintain levels within the Maryland Child Care Credential program. The Core areas are abbreviated as:

CD: Child Development COM: Community
CUR: Curriculum SN: Special Needs
HSN: Health, Safety and Nutrition
PRO: Professionalism