



Calvin Ball  
Howard County Executive

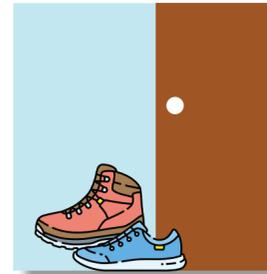
# Coronavirus Prevention At Home & At Work



## At Home



Wash Your Hands Frequently



Leave shoes/boots at the door



Consider changing clothes when you come in from work.



Don't share cooking/eating utensils

### If you have been exposed to COVID-19



Take your temperature and monitor for any symptoms



If you have any symptoms, contact your healthcare provider or the Health Department

### If you are sick:



Do not go to work

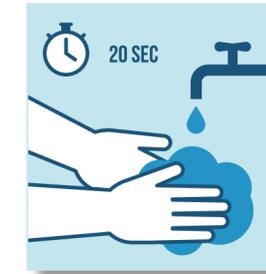


Stay in a separate room from others, if possible

## At Work



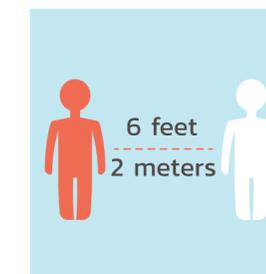
Wear a Mask/ Facecovering over your nose and mouth



Wash Your Hands Frequently



Don't Share Tools/Utensils



Stay 6 feet apart, if possible

### If you have been exposed to COVID-19



Take your temperature and monitor for any symptoms



If you have any symptoms, contact your healthcare provider or the Health Department

### If you are sick:



Do not go to work

For questions or more information, contact the Coronavirus Health Information Line at 410-313-6284 or visit [www.howardcountymd.gov/coronavirus](http://www.howardcountymd.gov/coronavirus)