

October Events at Howard County 50+ Centers

Residents' Rights Month 2025: Stand with Me

This October, communities nationwide will unite to celebrate Residents' Rights Month (RRM), an initiative led by the **National Consumer Voice for Quality Long-Term Care**. From nursing homes and assisted living centers to board and care homes, RRM recognizes the voices, rights and dignity of long-term care residents across the country.

The 2025 theme, **Stand with Me**, shines a light on the power of solidarity. It encourages residents to speak up for their rights and invites families, staff, advocates, and community members to stand beside them in support. Every voice matters—when we stand together, we strengthen the call for quality care and compassionate living.

If you're in **Howard County** and have concerns about a resident in a nursing home or assisted living facility call the **Long-Term Care Ombudsman at 410-313-6423** or email ltombudsman@howardcountymd.gov.



Fall Pumpkins and Botanicals

Ellicott City 50+ Fitness Center

Tuesdays, October 7 – 28, 5:15 – 7:15 p.m. | A02516.502

Join local nature illustrator Amanda Glover to learn step-by-step how to draw and paint pumpkins and botanicals using pen and watercolor. No experience necessary. Cost: \$50.

Tech Device Donation Event

East Columbia 50+ Center & Ellicott City 50+ Fitness Center

October 6 - 10, during regular center hours

Drop tech devices, equipment or accessories (working or not) you no longer use in our donation bins during National Digital Inclusion Week. A list of accepted equipment is listed on the bins. Donations will go to PCs for People for reuse or disposal. Contact Malarie Burgess at mburgess@howardcountymd.gov or 410-313-6542 for more information.

DCRS 50th Anniversary Celebration & Glenwood 50+ Center Open House

Glenwood 50+ Center

October 8, 10 a.m. – 2 p.m. | A03710.500

The Howard County Department of Community Resources and Services (DCRS) and the original Office on Aging are celebrating 50 years of connecting, supporting and empowering our community! Join us at Glenwood for an afternoon of fun and friendship. Explore our programs, meet our staff, and see why the center is such a vibrant part of our community.

Thrive While Aging Solo

Elkridge 50+ Center

October 14, 10 – 11:30 a.m. | A01668.503

To support Solo Agers — older adults making personal decisions about their own future — Maryland Access Point specialists will discuss home modifications, medical directives, building social networks, and creating a care team.



9830 Patuxent Woods Drive, Columbia, MD 21046
410-313-6410 (VOICE/RELAY) • www.howardcountymd.gov/aging

Find us @HoCoCommunity on Facebook, Instagram,
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The Secret Life of Honeybees:

A Visual Journey & Tasting

Elkridge 50+ Center

October 15, 11 a.m. – noon | A05609.501

Join veteran beekeepers Joan and Tom Cain to explore the complex world of honeybees through photos and videos and sample honey from various countries.

3rd Annual Zumba Gold Party-in-Pink

Bain 50+ Center

October 17, 9:45 – 10:45 a.m. | A01494.500

Dress in pink, dance and have fun while showing support for our local Claudia Mayer/Tina Broccolini Cancer Resource Center. A \$5 donation is requested. All proceeds benefit the Resource Center.

A Grand Day Out: The Mayhem Magical Circus

Ellicott City 50+ Center

October 17, 10:30 – 11:30 a.m. | A02744.500

Bring your grandchildren ages 4-11 (it's a Howard County school holiday) and join former Ringling Brothers Circus performer Gregory May as he juggles, walks on a rolling globe, spins plates and ropes, and more! Cost: \$5/person.

SeniorsTogether Aging with Grace Group

Mondays, October 20 – December 15, 10:30 – 11:30 a.m.

Virtual | A30123.512

Join MaryPat Donelan and RoseMarie Moran to explore the aging journey. Weekly discussions are based on topics from Joan Chittister's book, "The Gift of Years." Contact Karen Hull, 410-313-7466 for details.

Preparing for the Unexpected

North Laurel 50+ Center

October 24, 11 a.m. – noon | A06699.501

Join the Office of Emergency Management for "Preparing for the Unexpected" to learn the four steps to getting ready for disaster: Get Informed; Write a Plan; Build a Kit; and Be Involved.

A Night of Elegance: 2nd Annual Fall Ball

Bain 50+ Center

October 24, 5 – 9 p.m. | Call 410-313-7213 to register

Come dressed to impress for an elegant evening, featuring hors d'oeuvres, mocktails, dinner, live entertainment, and a DJ. Tickets (\$25) are available for purchase at the front desk, while quantities last.

**To register or find more events,
visit bit.ly/HoCoRegistration**